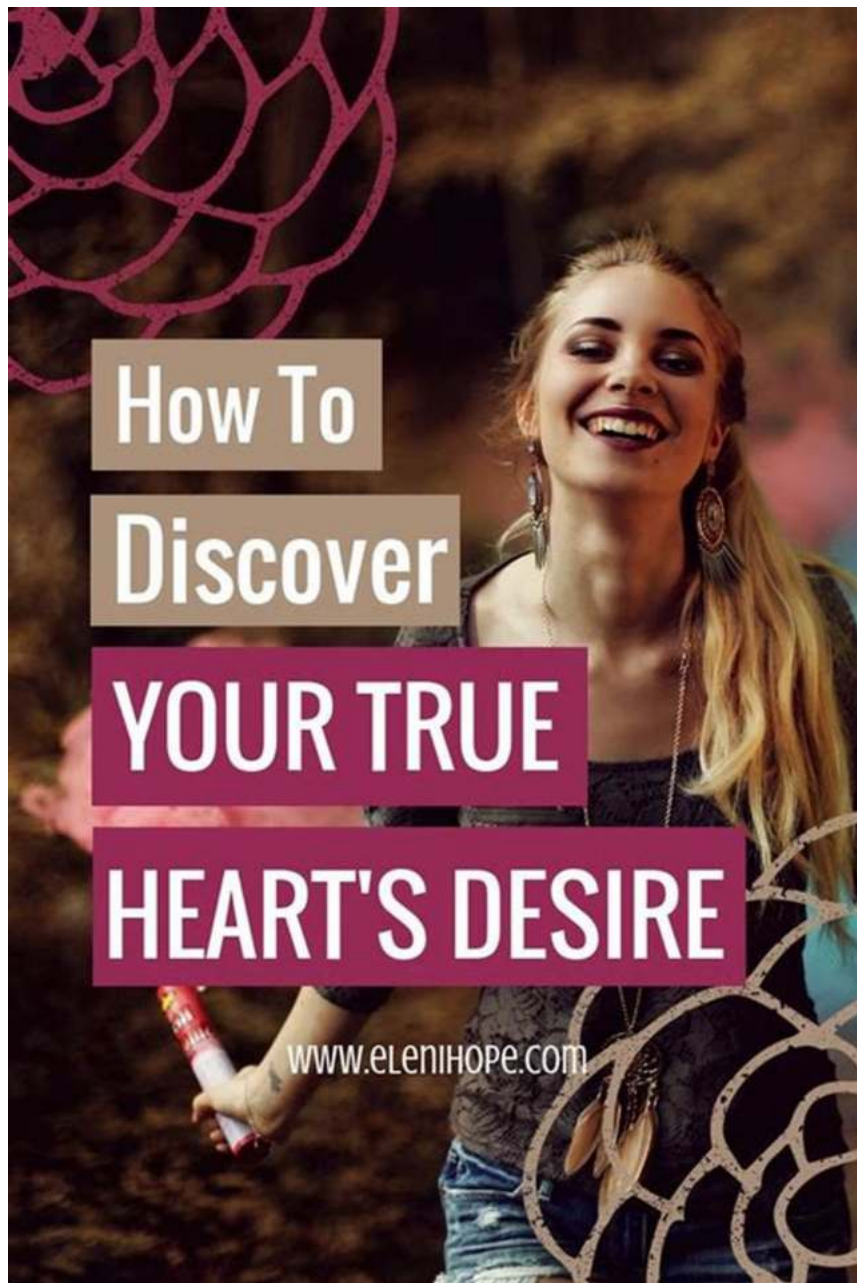


# What The Heart Wants Heart - Unlocking the Secrets to a Fulfilling Life



## The Search for Fulfillment

Have you ever wondered what it truly means to be fulfilled? Is it a quest for success, wealth, or fame? Or is it something deeper, something that stems from

within our very hearts?

An old proverb tells us that "The heart wants what it wants." But what does this really mean? Is the heart just a fleeting entity that desires temporary pleasures, or is it a compass that guides us towards a greater purpose?



## What the Heart Wants (Heart Series Book 1)

by Marion Myles (Kindle Edition)

★★★★☆ 4.2 out of 5

Language : English

File size : 2952 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 497 pages

Lending : Enabled



## Following Your Heart's Desires

In a world filled with expectations and societal norms, it can be challenging to listen to our hearts. We often find ourselves chasing after external validations, seeking approval from others, or conforming to societal standards of success.

But what if we pause for a moment and take the time to understand what our hearts truly want? What if we embark on a journey to discover our authentic desires, the things that bring us joy and fulfillment?

## The Heart's Whispers

Listening to our hearts requires introspection and self-awareness. It involves silencing the noise of external influences and tuning in to the whispers of our inner voice. It is in these quiet moments that we begin to uncover the secrets to a fulfilling life.

The heart wants heart. It yearns for authenticity, connection, and purpose. It seeks experiences that align with our values and resonate with our true selves. When we listen to our hearts, we tap into a well of wisdom that guides us towards a life filled with passion and meaning.

## **Embracing Vulnerability**

Following our hearts requires courage and vulnerability. It means taking risks, stepping out of our comfort zones, and facing the unknown. It requires us to let go of the fear of failure and embrace the possibility of growth and genuine fulfillment.

When we allow ourselves to be vulnerable, we open the doors to new opportunities and discover facets of ourselves that were previously unknown. It is through this vulnerability that we uncover our true desires and unleash our full potential.

## **Living an Aligned Life**

Living a life aligned with our heart's desires brings us a deep sense of fulfillment and contentment. It means making choices that resonate with our authentic selves, even if they may not align with societal expectations.

When we follow our hearts, we are more likely to find ourselves in careers that bring us joy, relationships that nurture our souls, and experiences that create lasting memories. We invite abundance and positivity into our lives, attracting opportunities that are in perfect harmony with our deepest aspirations.

## What's Holding You Back?

Many factors can prevent us from unlocking the secrets to a fulfilling life. Fear, societal pressure, and limited self-belief can all hinder our ability to listen to our hearts. But it is essential to remember that we have the power to overcome these obstacles and unleash our true potential.

By acknowledging and addressing these barriers, we can take the first steps towards living in alignment with our heart's desires. It may require seeking support from loved ones, pursuing personal development, or seeking guidance from mentors. But the journey is worth it, for the rewards are immeasurable.

What The Heart Wants Heart serves as a gentle reminder that true fulfillment comes from listening to our hearts and aligning our actions with our authentic desires. It encourages us to let go of external expectations and embrace vulnerability, leading to a life filled with purpose, joy, and contentment.

So, take a moment today to listen to your heart. Discover what it truly wants, for it holds the key to unlocking a life of fulfillment and happiness.



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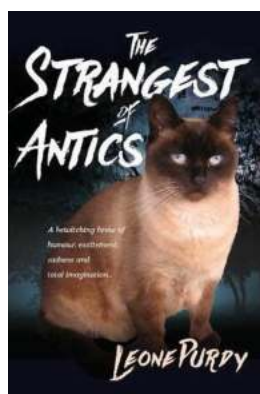


Corporate attorney Nicholas Sterling is used to being in control. But his clingy, crazy girlfriend will not back off. And now, he's dealing with a troubled and ill-tempered horse. Turning to the town's highly-praised professional equestrian is his only hope. Elle Roberts knows her way around a stable. Preferring horses to actual people, she devotes her time and energy to the ranch. After all, love and romance are overrated and too much work. But when she encounters the slick attorney, something ignites within her. It's more magical than physical, and she's determined to uncover the pain that Nicholas and his horse both harbor. But the more she delves, the more painful it becomes, forcing Elle to reveal her ultimate secret. As tragedy engulfs them, setting Nicholas into a tailspin of agony from the past, can Elle find a way to show Nicholas that there's no denying what the heart wants?



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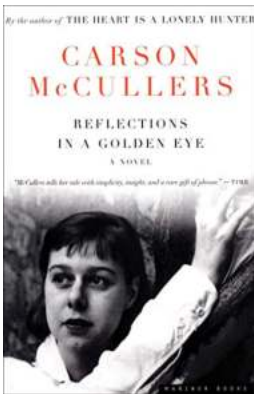
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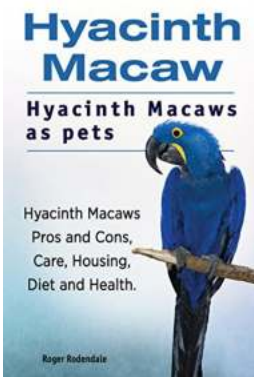
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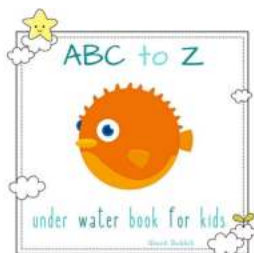
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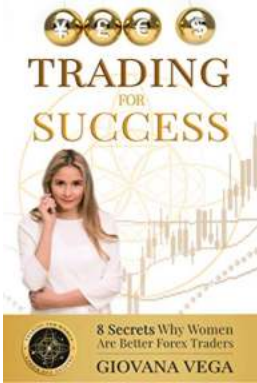
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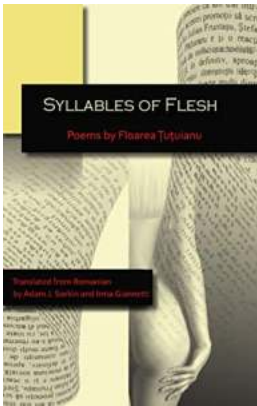
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