

# Unleash Your Inner Passion: A Step-by-Step Guide To Tango Dancing



Are you ready to embrace the intense emotions and elegance of Tango dancing? Whether you're an experienced dancer looking to expand your repertoire or a complete beginner eager to embark on a new artistic journey, this step-by-step guide will help you master the captivating world of Tango.

## What is Tango?



### **Dance With Tango: Steps Guide To Tango Dancing: Tango Dance Guide**

by Dandi Palmer (Kindle Edition)

★★★★★ 5 out of 5

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## DANCE WITH TANGO



STEPS GUIDE TO  
TANGUE DANCING

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Tango is a sensual and passionate partner dance that originated in the late 19th century in the working-class neighborhoods of Buenos Aires, Argentina. The dance has its roots in various European and African influences, resulting in a unique blend of rhythm, style, and improvisation. Tango is characterized by its embrace, intricate footwork, and intense connection between the dancers.

### **Step 1: Familiarize Yourself with Tango Music**

# Tango music structure



Tango dancing is closely intertwined with its music. To truly master Tango, it is vital to immerse yourself in the rich melodies and rhythmic beats that fuel this dance form. Start by listening to traditional Tango music from renowned artists such as Carlos Gardel, Osvaldo Pugliese, and Astor Piazzolla. Pay attention to the different musical structures and patterns.

## **Step 2: Find a Qualified Tango Instructor**

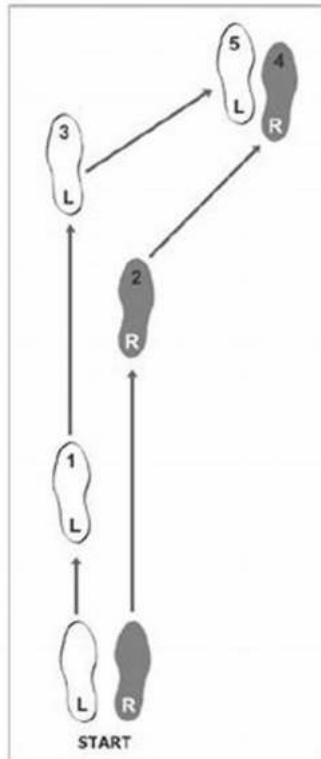


Learning Tango from an experienced and knowledgeable instructor is key to progress rapidly and avoid developing bad habits. Look for local dance studios, community centers, or Tango clubs that offer Tango classes. Make sure your instructor has a solid background in Tango and can effectively guide you through the technical aspects and nuances of the dance.

### **Step 3: Master the Basic Tango Steps**

## Tango Dance Steps

The following are the basic tango steps for men:



1. Left foot forward
2. Right foot forward
3. Left foot forward
4. Right foot to the right
5. Left foot close

Tango Dance Steps

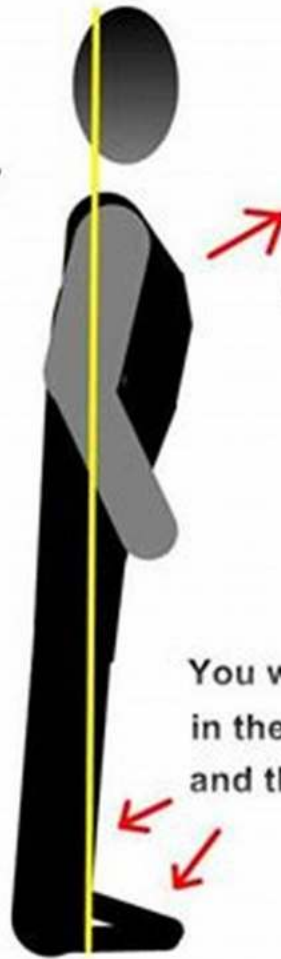
Tango is all about mastering fundamental steps and building upon them to create a mesmerizing dance routine. Some of the basic steps include the "Walk," where you take slow and deliberate steps, and the "Side Step," where you move to the side while maintaining a strong posture. Practice these steps diligently until they become second nature.

### **Step 4: Work on Body Posture and Connection**

The shoulders should stay  
down and back...

... while the chest is  
up and forward.

You will feel a little tension  
in the front of your shins  
and the tops of your feet.



In Tango, maintaining a proper posture is crucial to executing the dance movements gracefully. Keep your back straight, chest open, and shoulders relaxed. Maintain a firm yet comfortable embrace with your partner, allowing for a strong connection throughout the dance. Pay attention to your body alignment and balance to create fluid movements.

## Step 5: Fine-tune Tango Techniques



As you progress in your Tango journey, explore more advanced techniques to enhance your dancing skills. Work on intricate footwork patterns, including pivots, ochos, and various turns. Refine your leg movements, adding elegance and speed to your steps. Experiment with embellishments and improvisation while maintaining a strong connection with your partner.

### **Step 6: Embrace the Emotional Aspect of Tango**





Tango is not merely a series of steps and techniques; it is an expression of emotions and connection between partners. Allow yourself to feel the music and let it guide your movements. Connect with your partner at a deep level, communicating through subtle cues and body language. Embrace the sensuality and passion that Tango exudes, letting your emotions flow through your dance.

### **Step 7: Explore Tango Performance and Social Dancing**



Once you feel confident in your Tango skills, consider expanding your horizons by participating in Tango performances or joining social Tango dance nights. Performing Tango on stage can be exhilarating, allowing you to showcase your talent and share your passion with an audience. Social dancing, on the other hand, provides an opportunity to connect with other Tango enthusiasts and immerse yourself in the vibrant Tango community.

### **Step 8: Never Stop Learning and Improving**



Tango is a dance that constantly evolves, offering endless possibilities for growth and self-expression. Attend workshops, take masterclasses, and seek inspiration from world-renowned Tango dancers. Remember, the journey of mastering Tango is lifelong, with new discoveries awaiting you at every step.

Embarking on the enchanting journey of Tango dancing is a transformative experience that embraces both technique and emotion. By following these step-by-step guidelines, immersing yourself in Tango music, seeking expert guidance, and practicing diligently, you can unlock the expressive and passionate dancer within you. So, lace up your dancing shoes, find your rhythm, and get ready to tango!

Article by John Doe

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When people think about tango, today they are most likely to think about its modern ballroom type, which has become famous for its focus on high spectator satisfaction and ability to be practiced in a competitive environment. In addition to various tango dancing styles, tango can also be danced to several styles of tango music, including traditional, nuevo, and alternative. While the influences of those music styles change the dance, the core number of principles are shared among all types of tango dances. Musical instruments that can most commonly be heard during a tango dance are the traditional accordion, bandoneon (tango accordion), piano, guitar, violin, double bass, and a human voice.

This book shows you how. All technical, frivolous, and kinesthetic explanations are eliminated. Three hundred lessons and thousands of hours of dancing are boiled down to ten minutes of interesting facts, a definite plan, and three short rules of thumb. Don't let your worldly, modern mind keep you from more dances and progress any longer.

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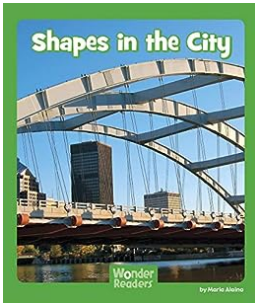
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