

Top Ha Tinh Specialties You Can't Help But Try

Ha Tinh province, located in central Vietnam, is not only famous for its rich history and beautiful landscapes but also for its delicious and unique local specialties. From mouth-watering dishes to refreshing beverages, Ha Tinh offers a culinary experience that you simply can't miss. In this article, we will take you on a gastronomic journey through the top specialties of Ha Tinh, guaranteed to make your taste buds dance with delight.

1. Cơm Lam (Bamboo Tube Rice)

One of the most iconic dishes of Ha Tinh, Cơm Lam is a traditional rice dish cooked inside a bamboo tube. The rice is infused with the sweet aroma and flavor of the bamboo, resulting in a delightful and fragrant meal. Typically served with grilled pork or chicken, this dish is a must-try when visiting Ha Tinh.

2. Bánh Sã đậu (Fried Cassava Cake)

Bánh Sã đậu is a popular snack in Ha Tinh, especially during festive occasions. Made from cassava, this cake is fried to perfection, creating a crispy outer layer with a soft and chewy texture inside. The sweetness of the cassava combined with its unique texture makes it a favorite among locals and tourists alike.

Top 6 Ha Tinh specialties you can't help but try:

Vietnam tourism by Bruce Grubbs (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 4648 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled



Word Wise : Enabled
Print length : 15 pages
Lending : Enabled



3. Nem Chua (Fermented Pork Roll)

A specialty that can be found throughout Vietnam, Nem Chua holds a special place in the hearts of the people of Ha Tinh. This fermented pork roll is made by marinating finely ground pork with garlic, chili, and other herbs and spices. The mixture is then wrapped in banana leaves and left to ferment for several days, resulting in a tangy and savory treat that pairs perfectly with beer.

4. Cá Nục (Snakehead Fish)

Cá Nục, also known as Snakehead Fish, is a freshwater delicacy that is commonly found in the rivers and lakes of Ha Tinh. This fish is known for its sweet and tender flesh, which can be prepared in various ways such as grilling, steaming, or frying. The locals have mastered the art of cooking Cá Nục, making it a must-have dish on any food lover's list.

5. Bánh Bèo (Steamed Rice Cake)

Bánh Bèo is a traditional Vietnamese dish that has made its way to Ha Tinh with a unique twist. Unlike the typical mini pancakes found in other regions, Ha Tinh's Bánh Bèo is made from ground rice, resulting in a softer and smoother texture.

Topped with savory ingredients such as ground pork, shrimp, and fried shallots, this dish is a delightful combination of flavors and textures.

6. Rượu Cần (Traditional Can Wine)

To complete your culinary journey through Ha Tinh, don't forget to try Rượu Cần, a traditional rice wine that is served in a special jar with long bamboo straws. This wine is made through a meticulous fermentation process, resulting in a sweet and fragrant drink that is enjoyable to sip slowly as you savor the local specialties. Rượu Cần is not only a beverage but also a cultural experience that is deeply rooted in the traditions of Ha Tinh.

In , Ha Tinh's culinary scene offers a plethora of mouth-watering specialties that are sure to satisfy any food lover. From the unique flavors of Cơm Lam cooked in bamboo tubes to the irresistible Bánh Sã đậu, each dish showcases the rich cultural heritage and culinary expertise of the region. So, make sure to add Ha Tinh to your travel bucket list and indulge in these exceptional local delicacies that you can't help but try!



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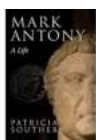
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Anywhere on this S-shaped strip of land, there are delicious dishes or famous specialties that visitors can hardly forget. Ha Tinh - a famous place with many beautiful landscapes such as Huong Tich Pagoda, Thien Cam beach, Dong Loc junction, Ngang pass... also preserves intangible heritages such as ca tru, ho vi mi mi... Not only that. This place also attracts tourists by the attractive but simple specialties of the people here. Let's join Toplist to discover the quintessence that Ha Tinh nature and people have worked hard day and night to create!

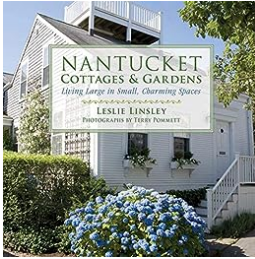
1. Cuckoo candy

Referring to Ha Tinh, perhaps everyone will immediately think of cu de candy - a type of candy that has become a specialty of the "countryside". Cu da candies are cooked from peanuts (peanuts), molasses, fresh ginger, rice paper... these are all simple, easy-to-find ingredients, with bold hometown flavor. Cu da candies are round in shape, the outer layer is baked rice paper with a characteristic taste, in the middle can be considered as the filling of the candy with a blend of molasses mixed with the spicy taste of fresh ginger and the fatty taste of peanuts. Ha Tinh people consider Cu Du as the soul of their homeland, often choosing as gifts for precious guests, or bringing them along when going away.



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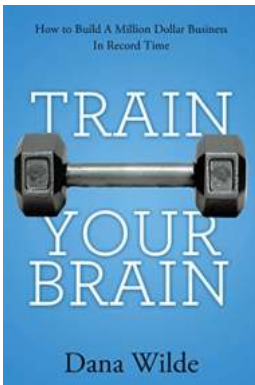
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