

# The Top Most Famous Specialties of Phan Rang Ninh Thuan That Will Leave You Wanting More!

Phan Rang Ninh Thuan, located in the southern part of Vietnam, is a hidden gem known for its breathtaking landscapes and rich cultural heritage. However, one aspect that truly sets this region apart is its diverse and mouthwatering cuisine. From succulent seafood to aromatic spices, the culinary offerings of Phan Rang Ninh Thuan are a food lover's delight. In this article, we will explore the top most famous specialties that will leave you wanting more!

## 1. Ninh Chu Sea Grapes

When it comes to unique delicacies, Ninh Chu Sea Grapes undoubtedly take the crown. These little green seaweed clusters are harvested from the pristine Ninh Chu beach. Known for their refreshing and slightly salty taste, they are often served fresh as a salad or complemented with dipping sauces. The burst of flavor and the satisfying crunch make Ninh Chu Sea Grapes an unmatched culinary experience.

## 2. Grilled Ninh Thuan Lobster

For seafood enthusiasts, the Grilled Ninh Thuan Lobster is a must-try dish. Caught fresh from the turquoise waters of Phan Rang, the lobsters are grilled to perfection, allowing their natural sweetness and tenderness to shine through. This local specialty is often marinated in a blend of aromatic herbs and spices, elevating the taste to a whole new level. Served with a side of fragrant rice, this dish is a true showstopper.



## Top 6 most famous specialties of Phan Rang - Ninh Thuan: Vietnam tourism

by David Claerbaut (Kindle Edition)

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### 3. Bau Truc Pottery Village's Rice Cakes

When you visit Phan Rang Ninh Thuan, a trip to the famous Bau Truc Pottery Village is a must. Apart from admiring the skilled craftsmanship, the village is also known for its delectable Rice Cakes. Made from rice flour, these cakes are steamed and wrapped in banana leaves, imparting a subtle aroma. The soft and chewy texture combined with a hint of sweetness makes Bau Truc Rice Cakes a delightful treat.

### 4. Ninh Son Sesame Candy

If you have a sweet tooth, Ninh Son Sesame Candy is a dessert you cannot miss. Locally known as "Keo Me Xung," this traditional treat is made from roasted sesame seeds, jaggery, and peanuts. The combination of flavors ranging from nutty to caramel-like creates a delightful symphony in your mouth. The candy is often enjoyed with a cup of hot Vietnamese tea, making it a perfect companion to relax and indulge.

## 5. Quan Hy Beef Noodles

Quan Hy Beef Noodles is a dish that perfectly captures the essence of Phan Rang Ninh Thuan's culinary heritage. The beef is simmered for hours in a rich broth infused with fragrant spices, creating a savory umami flavor. This specialty also features soft rice noodles, fresh herbs, and crispy bean sprouts, adding a beautiful texture and freshness to the dish. Served hot, Quan Hy Beef Noodles is a comforting bowl of heaven.

Phan Rang Ninh Thuan is not only a destination for breathtaking landscapes and cultural experiences, but it also offers a unique culinary adventure. Whether you're a seafood lover or have a sweet tooth, the top most famous specialties of this region will leave you fully satisfied. From the succulent Grilled Ninh Thuan Lobster to the nutty goodness of Ninh Son Sesame Candy, these dishes offer a glimpse into the rich flavors of Phan Rang Ninh Thuan. So, embark on a gastronomic journey and discover the culinary wonders this region has to offer!



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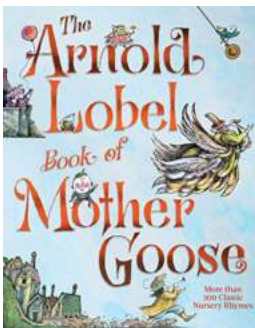
Referring to Phan Rang, people immediately think of a sunny and windy coastal city just like its name "Wind like Phan, sunny like Rang". Although it is an arid land, it is rich in seafood and has delicious dishes. Let's take a trip to this exciting city and discover and enjoy the wonderful specialties here.

1. Grapes of Ninh Thuan
2. One day squid
3. Phan Rang chicken rice
4. Phan Rang spring rolls
5. Pancakes



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