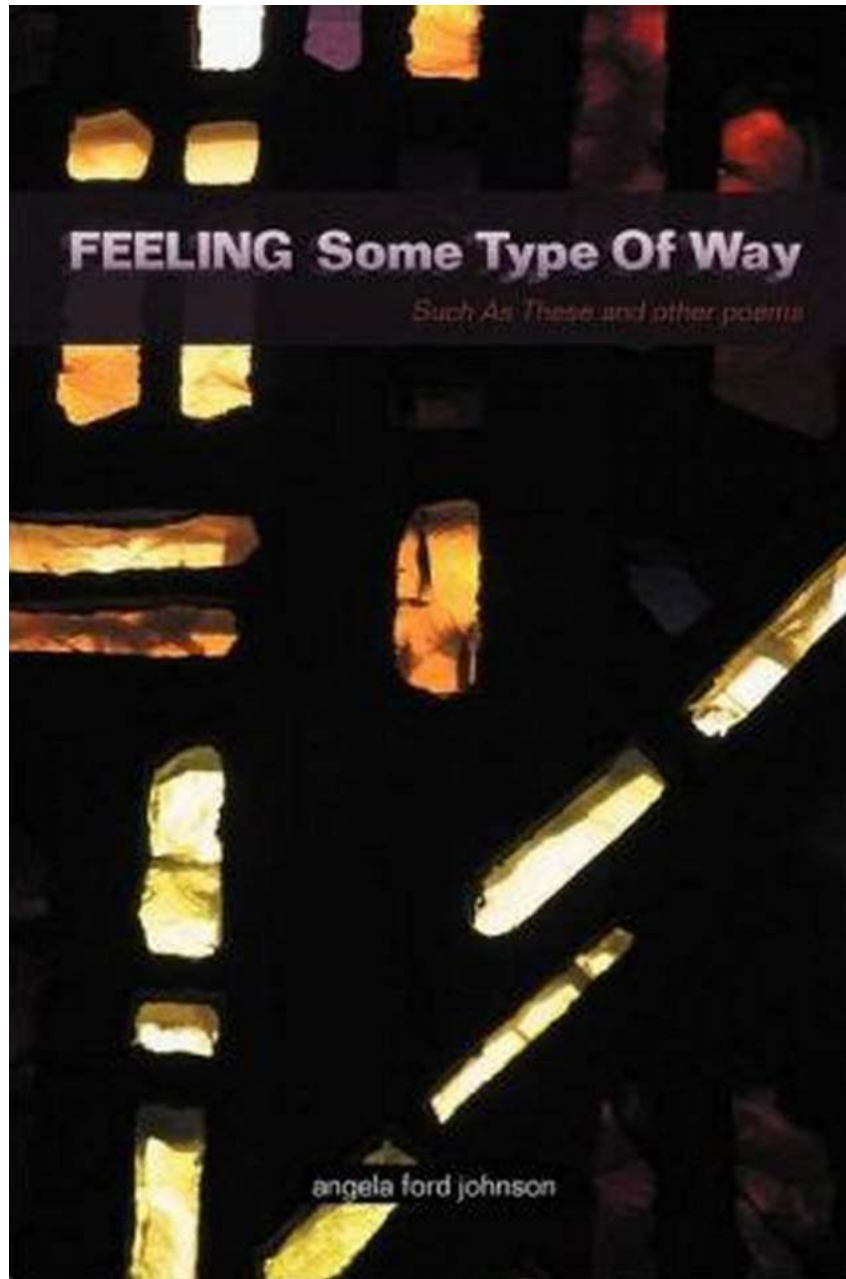


# The Emotional Rollercoaster: Feeling Some Type Of Way Book Will Take You on an Unforgettable Journey



Are you tired of the same old clichéd self-help books? Looking for something that truly speaks to your emotions and offers a unique perspective on personal

growth? Look no further! *Feeling Some Type Of Way* is a groundbreaking book that explores the depths of human emotions, taking you on a transformative journey like no other.

In today's fast-paced world, it's common to experience various emotions ranging from joy to sadness, anger to love, and everything in between. Yet, understanding and navigating these emotions can often be challenging. *Feeling Some Type Of Way* addresses this universal struggle and offers insightful guidance to help you embrace, process, and harness your emotions effectively.



## Feeling Some Type Of Way: (Book 1-2)

by K.C. Mills (Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English

File size : 2268 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 340 pages

Lending : Enabled



## Unveiling the Author's Personal Journey

*Feeling Some Type Of Way* is not just another self-help book; it is a deeply personal account of author Emily Marshall's emotional struggles and triumphs. Drawing from her own experiences, Marshall delicately weaves a narrative that resonates with readers on a profound level.

Marshall's journey is one of self-discovery and empowerment. As you turn the pages, you will find yourself immersed in her heart-wrenching anecdotes and uplifting tales. Each chapter takes you on a rollercoaster ride of emotions, leaving you with a renewed perspective on your own journey.

## **Exploring the Depths of Human Emotions**

While many books gloss over the complexities of emotions, *Feeling Some Type Of Way* dives headfirst into the depths of the emotional spectrum. It encourages readers to embrace their emotions fully, rather than suppressing or ignoring them.

By offering practical exercises, thought-provoking prompts, and mindful techniques, the book guides readers to understand the underlying reasons behind their emotions and empowers them to use those emotions as catalysts for personal growth.

With a delicate balance of scientific research, psychological insights, and relatable anecdotes, each chapter in *Feeling Some Type Of Way* delves into a specific emotion, unraveling its complexities and shedding light on the underlying psychological mechanisms behind it.

## **Why You Need to Read this Unique Book**

Still not convinced? Here are a few compelling reasons why *Feeling Some Type Of Way* deserves a spot on your bookshelf:

### **1. Authenticity:**

Emily Marshall's raw and honest storytelling creates an authentic connection with readers. You'll find solace in knowing that your emotions are not alone, and you'll be inspired by her resilience and newfound perspective.

## 2. Practicality:

Unlike other self-help books that overwhelm readers with vague concepts, *Feeling Some Type Of Way* offers practical exercises and actionable advice that you can implement in your daily life. Get ready to witness real change!

## 3. Emotional Intelligence:

In a world that often overlooks emotional intelligence, this book places it at the forefront. You'll gain a deeper understanding of yourself and others, strengthening your relationships and enhancing your overall well-being.

## 4. Transformation:

*Feeling Some Type Of Way* is not just a book; it's an experience that can transform your life. As you embark on this emotional journey, be prepared to overcome barriers, unlock your true potential, and grow in ways you never thought possible.

## Embrace the Journey - Get Your Copy Now!

Don't miss out on the opportunity to embark on this life-changing journey of emotional discovery. Purchase your copy of *Feeling Some Type Of Way* today and join countless others who have found solace, inspiration, and growth through this exceptional book.

Remember, the power to transform your emotions and your life is within your grasp. Take the first step towards embracing your emotions and living authentically. *Feeling Some Type Of Way* will be your guide.

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Lourdes is strong, independent, and knows what she wants. She lives her life by her own rules and that includes her relationships. As far as she is concerned, men are only good for one thing, sex on demand. That attitude leads to a series of one night stands which she uses to mask and escape feelings. She's been there, done that, and it didn't end well. That was until she crosses paths with King Lion. He forces his way into her life and changes everything.

Dometrius, known as King Lion to boxing fans, is all about his career. He's worked hard to make it and is enjoying every second of his successful life, which means living with little or no regret. Although he has plenty of women at his disposal, he's thrown off and pulled in immediately the second he lays eyes on Lourdes. After one night in Vegas with her, she leaves him with a wrong number and a lot of questions.

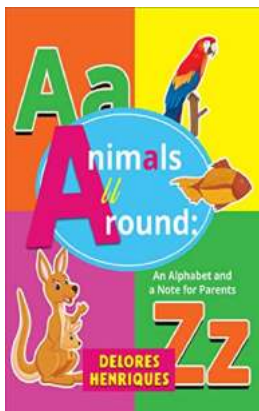
As fate would have it, Dom and Lourdes both live in Miami, and his fame as a high-profile boxer affords him the resources to track her down. After a little resistance, Dom finally gets Lourdes to agree to an official date, but life seems to weave its way into their worlds, reintroducing the past that they both have to be held accountable for.

Life isn't kind when your heart wants more than life is willing to give. Lourdes is tired of running and willing to open up to love, and Dom is determined to make her his. But they both have pasts that seem to challenge their relationship. Will Dom and Lourdes have a fighting chance, or will they be left Feeling Some Type Of Way



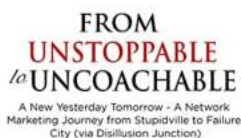
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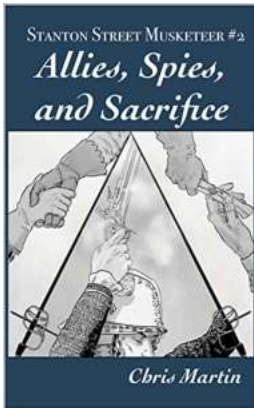
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