

Strolling Around Lisbon: Discovering the Charm with Irene Reid

Are you ready to embark on a journey through the picturesque streets of Lisbon? Join us as we explore this captivating city with renowned travel writer, Irene Reid. With her expert guidance, we will uncover the hidden gems, architectural wonders, and cultural treasures that make Lisbon a must-visit destination.

The Enchanting Neighborhoods of Lisbon

Lisbon is a city of contrasts, boasting a rich blend of ancient history and contemporary charm. Each neighborhood tells its own story and offers a unique experience for visitors. Let's start our journey in Alfama, the oldest district in the city. As we stroll through its narrow cobblestone streets, we are transported back in time to a bygone era. The scent of freshly baked pastries emanates from local bakeries, while vibrant murals adorn the walls, showcasing the creativity of local artists.

Our exploration continues in Bairro Alto, known for its vibrant nightlife and lively atmosphere. In the evening, the neighborhood comes alive with the sounds of music and laughter. We'll join Irene for a drink in one of the local bars, where she'll share stories about the famous Fado music that originated in Lisbon. The melancholic melodies and emotional lyrics are sure to touch your heart.

Strolling Around Lisbon

by Irene Reid (Paperback – June 13, 2018)

★★★★☆ 4 out of 5

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Screen Reader : Supported



Enhanced typesetting : Enabled
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Dimensions : 5 x 0.4 x 8 inches



We also make a stop in Belem, a district steeped in history and home to iconic landmarks such as the Belem Tower and the Jeronimos Monastery. Irene will regale us with tales of the city's maritime past, as we take in the awe-inspiring architecture and gaze out at the tranquil waters of the Tagus River.

A Culinary Adventure

No visit to Lisbon is complete without indulging in the city's vibrant gastronomic scene. Irene will guide us through the best local eateries and introduce us to the flavors that define Lisbon's cuisine. From the mouthwatering custard tarts known as Pastel de Nata to the hearty seafood dishes, we will embark on a culinary adventure unlike any other.

One of the highlights of our food tour will be Mercado da Ribeira, an indoor market where the sights, sounds, and aromas converge to create a sensory feast. Local vendors proudly display their fresh produce, while talented chefs prepare delectable treats right before your eyes. Irene will ensure that we savor the best dishes and discover the secret ingredients that make Portuguese cuisine so special.

Immerse Yourself in Culture

Lisbon is a city that celebrates its rich cultural heritage. From art galleries to museums, there is a plethora of experiences awaiting the curious traveler. Irene will take us to the Calouste Gulbenkian Museum, where a vast collection of art awaits our exploration. From ancient Egyptian artifacts to intricate paintings by renowned artists, this museum promises to leave a lasting impression.

We'll also visit LX Factory, a hub of creativity and innovation located in an abandoned industrial complex. Converted into a sprawling artsy space, LX Factory is home to trendy boutiques, art galleries, and hip cafes. Irene will introduce us to local artisans and share insights into the city's thriving arts scene.

Discover Lisbon's Soul

As our journey comes to an end, we cannot help but feel a deep connection to Lisbon's soul. Through the eyes of Irene Reid, we have uncovered the magnetic allure of this captivating city. From its enchanting neighborhoods to its delectable cuisine and vibrant art scene, Lisbon offers a multitude of experiences that will leave you yearning for more.

So, what are you waiting for? Pack your bags, lace up your walking shoes, and join Irene Reid as she guides you through the charming streets of Lisbon. Get ready to fall in love with the city that never fails to captivate the hearts of all who visit.



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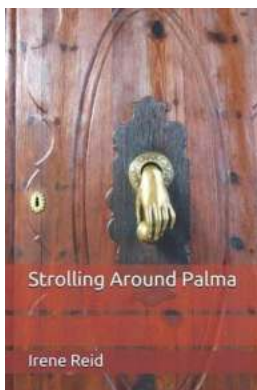


Lisbon is very old and was once the richest and most exciting city in Europe. It was shattered by a tremendous earthquake, but its determined people rebuilt and Lisbon was once more one of the continent's most vibrant capitals. This is a step by step walk, which will take you up and down Lisbon's hills as you uncover fascinating places and stories.

The walks include maps to make navigation as easy as possible, as you explore the Roman ruins, a multitude of churches, and the best viewpoints.

Excerpt from the book:

"You will also see the Martim Moniz gate beneath the rampart you just walked along. Martim Moniz was a knight who became a legendary figure in the Siege of Lisbon. He led an attack on the castle and sacrificed himself by jamming his body into the doorway to stop the Moors closing the door. This allowed the capture of the castle but poor Moniz died for his heroics. He did at least get a door named after him."



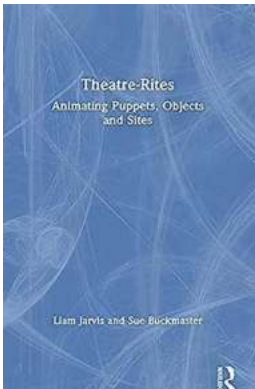
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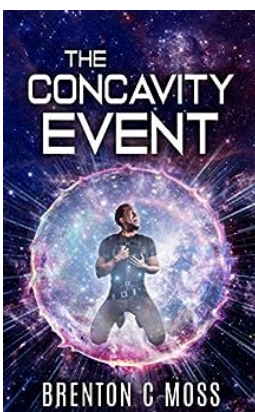
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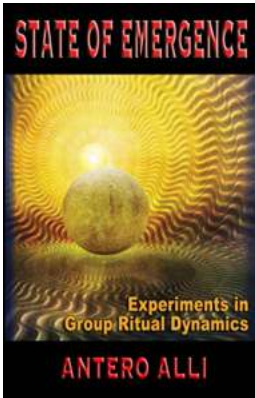
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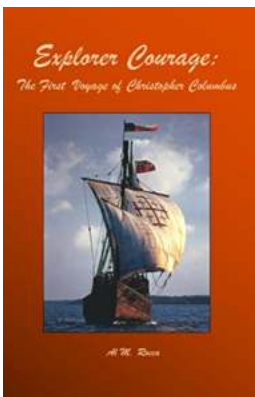
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