

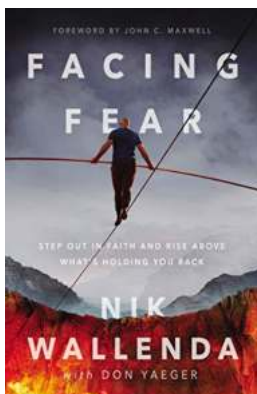
Step Out In Faith And Rise Above What Holding You Back

Have you ever felt like you were stuck in a rut, unable to move forward in your personal or professional life? It's a common feeling that many people experience at some point. But what if there was a way to break free from the chains holding you back? What if you could step out in faith and rise above the obstacles in your path?

This article will explore the power of faith and how it can help you overcome any challenges that are holding you back. We'll discuss the importance of taking risks, embracing uncertainty, and trusting in a higher power to guide you along your journey.

What Is Holding You Back?

Before we can discuss how to overcome what is holding you back, it's important to identify exactly what those things are. Is it fear of failure? Lack of confidence? Negative self-talk? Whatever it may be, understanding the root cause of your limitations is the first step towards overcoming them.



Facing Fear: Step Out in Faith and Rise Above

What's Holding You Back by Nik Wallenda (Kindle Edition)

★★★★☆ 4.7 out of 5

Language	: English
File size	: 16066 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 224 pages



Take a moment to reflect on your current situation and ask yourself what is truly holding you back. Is it a lack of financial resources? A toxic relationship? A past failure that has left you feeling unworthy? Understanding the specific obstacles in your path will allow you to devise a plan to overcome them.

Step Out in Faith

Once you have identified what is holding you back, it's time to step out in faith. This means taking risks, embracing uncertainty, and trusting in the process even when it feels uncomfortable. Faith is about believing in something greater than yourself and having the courage to pursue your dreams even in the face of adversity.

Stepping out in faith requires a mindset shift. It means letting go of control and surrendering to the journey ahead. It means acknowledging that you may not have all the answers right now, but trusting that everything will fall into place as it should. It's about facing your fears head-on and refusing to let them dictate your choices.

Rise Above the Obstacles

When you step out in faith, you give yourself permission to rise above the obstacles that have been holding you back. You no longer allow fear or self-doubt to control your actions. Instead, you trust in your abilities and in the power of the universe to guide you towards success.

It's important to remember that overcoming obstacles takes time and effort. It won't happen overnight, but with perseverance and belief in yourself, you can rise

above anything standing in your way. Surround yourself with positive influences, seek support from loved ones, and practice self-care to ensure you stay focused on your journey.

Trusting in a Higher Power

In addition to stepping out in faith, it's important to trust in a higher power. Whether you believe in God, the universe, or simply the power within yourself, having faith in something larger than yourself can provide guidance and comfort along your journey.

Trusting in a higher power means surrendering control and accepting that there is a greater plan at work. It means believing that there is a purpose for everything that happens in your life, even if you can't see it in the moment. It means finding solace in the fact that you are never alone on your journey.

Stepping out in faith and rising above what is holding you back requires courage, perseverance, and trust. It requires a willingness to take risks, embrace uncertainty, and trust in something greater than yourself. But the rewards are worth it.

By stepping out in faith, you give yourself permission to rise above any limitations and tap into your true potential. You become the author of your own story, the captain of your own ship. So don't let fear hold you back any longer. Take that first step, believe in yourself, and watch as the world opens up before your eyes.

Facing Fear: Step Out in Faith and Rise Above

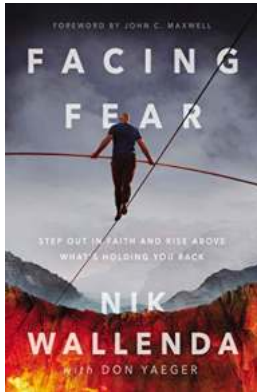
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A practical guide to overcoming fear from the daredevil who has walked on a tightrope across Times Square and the Grand Canyon.

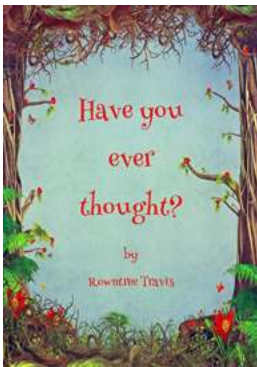
Nik Wallenda is a seventh-generation member of the Flying Wallendas, a circus family known for performing dangerous feats without safety nets. Nik is known for his daring televised tightrope walks over Niagara Falls, the Grand Canyon, Times Square, and an active volcano.

Nik has been walking the wire since he took his first steps, but he had never experienced fear until a tragic accident in 2017. The eight-person pyramid he and several members of his family were practicing collapsed, and five of its members fell thirty feet to the ground. While severely injured, they all survived miraculously, but the accident changed Nik's life forever. For the first time he felt overwhelming fear, and Nik had to find it in himself to move on, release the past, and get back out on the wire.

Most of us will never walk a tightrope, but we face things that scare us every day. Whether putting ourselves out there socially or seeking a dream job, all of us allow anxieties and fears to hold us back. In Facing Fear, you will:

- Discover how to overcome lifelong areas of personal fear
- Understand the importance of dealing with trauma to fully heal and move forward
- Gain the determination to pick yourself up, grow in faith, and purposely walk toward success one step at a time

Facing Fear weaves parts of Nik's personal story of the accident and how he conquered his fear with practical advice to help you overcome whatever fears are holding you back. This practical book will help you step out in faith and trust that God will hold you steady, even when you're afraid.



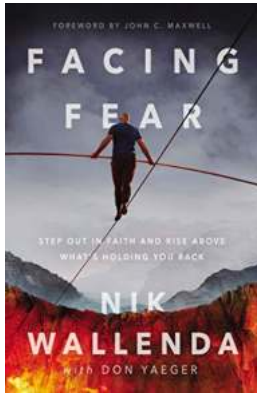
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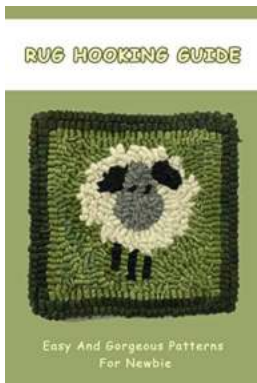
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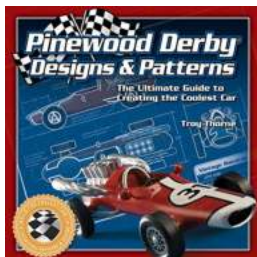
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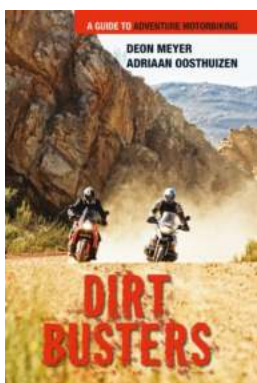
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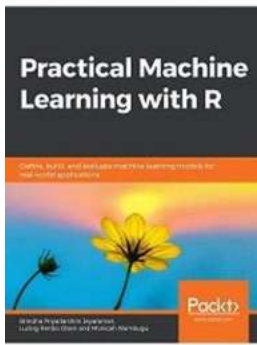
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