

Step By Step To Calm Relaxed And Brilliant Family Dog Essential Skills For

CALM DOWN!

BOOK 1

**ESSENTIAL
SKILLS FOR A
BRILLIANT
FAMILY DOG**



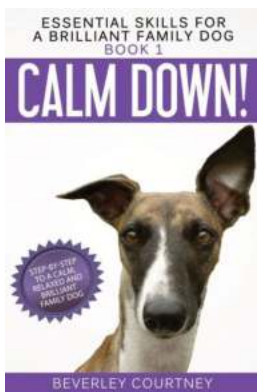
BEVERLEY COURTNEY

Having a well-behaved and calm family dog can make a significant difference in the overall happiness and harmony within a household. A dog that is relaxed and obedient not only brings joy to its owners but also creates a positive and welcoming environment for everyone it encounters. In this article, we will explore

the essential skills and steps required to transform your dog into a calm, relaxed, and brilliant companion.

The Importance of Basic Training

Before diving into the specific skills, it's crucial to understand the importance of basic training for every dog. Basic training not only teaches your dog how to behave appropriately but also provides mental stimulation and establishes a strong bond between you and your pet.



Calm Down!: Step-by-Step to a Calm, Relaxed, and Brilliant Family Dog (Essential Skills for a Brilliant Family Dog Book 1) by Beverley Courtney (Kindle Edition)

★★★★☆ 4.2 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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The first essential skill every dog should learn is proper leash-walking. A dog that pulls and lunges while on a leash can be stressful to handle and may create an unsafe situation. Teaching your dog to walk calmly on a leash will not only make your walks enjoyable but also prevent any accidents or incidents from occurring.



Mastering Basic Obedience Commands

In addition to leash-walking, mastering basic obedience commands is crucial to having a calm and relaxed family dog. Commands such as "sit," "stay," "down," and "come" should be taught consistently, using positive reinforcement techniques. These commands will establish your role as the leader and help your dog understand boundaries, leading to a more peaceful and well-behaved pet.

Addressing Separation Anxiety

Separation anxiety is a common issue among dogs, leading to destructive behaviors and excessive barking when left alone. It's important to address this issue early on to ensure your dog's well-being and the peace of mind of your household. Gradually desensitizing your dog to your departures and creating a safe and comforting environment while you're away can significantly reduce separation anxiety.



Tips for Separation Anxiety

Learn tips and tricks to help your dog overcome separation anxiety and minimize destructive behaviors, howling, and barking.

- 1** Exercise your dog before you leave.
- 2** Give your dog a special treat.
- 3** Keep your routine unpredictable.
- 4** Be calm during arrivals and departures.
- 5** Start slow and stay calm.
- 6** Consider working with a professional.



Enrichment Activities for Mental Stimulation

A calm and relaxed dog is usually a dog that receives adequate mental stimulation. Providing enrichment activities such as puzzle toys, interactive games, and regular obedience training sessions can help keep your dog engaged and content. Mental stimulation not only prevents boredom but also encourages positive behavior and overall well-being.

Establishing a Routine

Dogs thrive on routine and structure. Creating a consistent daily routine for your dog will not only make them feel secure but also contribute to their overall calmness and relaxation. Set regular feeding times, exercise schedules, and designated resting areas to establish a sense of predictability and stability in your dog's life.



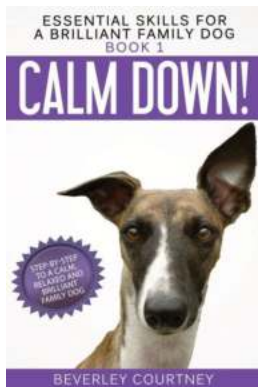
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Professional Training and Support

If you're struggling to achieve the desired results with your dog's behavior, seeking professional training and support can be immensely beneficial. Professional dog trainers can assess your dog's specific needs and provide customized training plans to help you address any behavioral issues effectively.

In , transforming your dog into a calm, relaxed, and brilliant family companion requires consistent training, patience, and the implementation of various essential skills. From basic obedience commands to addressing separation anxiety, providing mental stimulation, establishing a routine, and seeking professional support when needed, following these steps will pave the way for a harmonious and fulfilling relationship with your beloved furry friend.



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Is your dog driving you mad?

Learn how to

- find your dog's off-switch
- enjoy a calm visit to a cafe or pub
- reach your dog's mind without losing yours
- enjoy your dog again!

Instead of saying “This is what you do,” then leaving you to it, Beverley takes you by the hand and troubleshoots all the games so that you can get them absolutely right. And the joy is that this is all achieved without shouting, force, or intimidation. Just pure undiluted fun!

There’s no strange jargon, no “Thou shalt not’s”, and every time you get stuck, another solution pops up. Her years of experience in face-to-face classes as well as her online programs shine through. Having taught thousands of new owners how to work with their puppies and dogs - entirely without force - Beverley knows just what you’re up against!

Get Book 1 in the series of Essential Skills for a Brilliant Family Dog and learn how to get what you want from your dog, as it sends him off to sleep for you - zzzzzz!



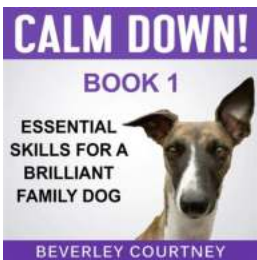
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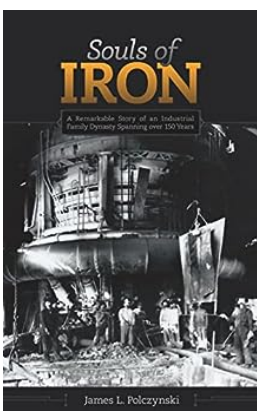
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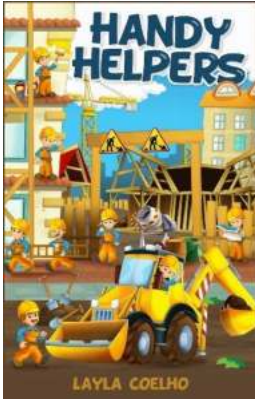
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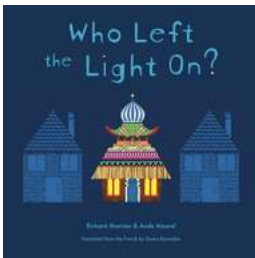
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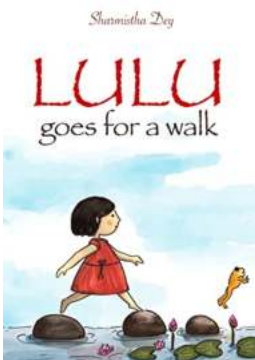
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