

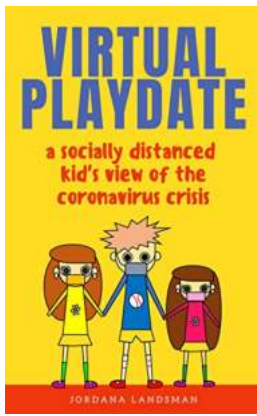
Socially Distanced Kid View Of The Coronavirus Crisis



Children around the world have faced numerous challenges due to the coronavirus pandemic. The concept of social distancing and understanding why it is necessary can be difficult for children to grasp. In this article, we will explore the socially distanced kid view of the coronavirus crisis and how children perceive and cope with the changes brought about by the pandemic.

The New Normal for Kids

For many children, the coronavirus pandemic has meant a shift in their daily routines and social interactions. School closures, cancellation of extracurricular activities, and limited contact with friends have become the new normal. Being accustomed to physical play and unrestricted socialization, children have had to adapt to a socially distanced lifestyle.



Virtual Playdate: A socially distanced kid's view of the coronavirus crisis by Jordana Landsman (Kindle Edition)

★★★★★ 5 out of 5

Language : English
File size : 10398 KB
Text-to-Speech: Enabled
Screen Reader: Supported
Word Wise : Enabled
Print length : 69 pages
Lending : Enabled



One of the major challenges for children has been understanding the necessity of wearing face masks and maintaining a safe distance from others. Many kids struggle with the idea of not being able to hug their friends or hold hands while playing. This change in behavior, although necessary, can be confusing and even frightening for children.



How Kids Perceive the Crisis

Children have a unique perspective on the coronavirus crisis. They may not fully understand the intricacies of the virus or its impact on society, but they do recognize the changes it has brought to their lives. Often, kids rely on the information they receive from parents, teachers, and media to form their perception of the situation.

Some children may feel anxious or scared about the virus, especially if they have heard about severe cases or the impact it has had on the world. Others may find it exciting to wear face masks and feel like a superhero, embracing the idea of protecting themselves and others. Overall, children are adaptable and resilient, finding ways to adapt to the challenges they face.

Coping Mechanisms for Kids

Supporting children's emotional well-being during the pandemic is crucial.

Parents and caregivers play a key role in helping kids navigate these uncertain times. Here are some effective coping mechanisms for children:

- **Open Communication:** Encourage children to express their thoughts and feelings about the pandemic. Provide them with age-appropriate information and address any concerns they may have.
- **Establishing Routine:** Create a daily routine for children that includes time for learning, physical activity, and relaxation. This helps provide a sense of stability and normalcy.
- **Virtual Socialization:** Facilitate virtual playdates or video calls with their friends and loved ones. This allows children to maintain social connections while adhering to social distancing measures.
- **Encouraging Creativity:** Provide children with outlets for their creativity, such as arts and crafts, writing, or imaginative play. Engaging in creative activities can help children express their emotions and distract them from the ongoing crisis.
- **Show Empathy:** Validate children's feelings and let them know that it is okay to feel a range of emotions during this time. Offer reassurance and support, emphasizing that we are all in this together.

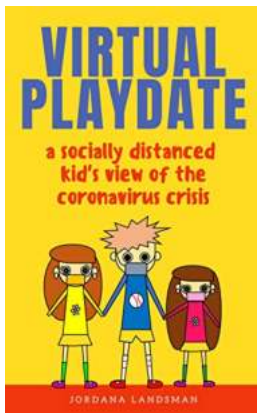
The Road Ahead

As the world continues to navigate the coronavirus crisis, it is important to consider the impact it has on children. Understanding their socially distanced perspective allows us to empathize with their feelings and support their emotional well-being. By providing guidance, engaging in open communication, and

encouraging adaptive coping mechanisms, we can help children endure these challenging times while they await a return to normalcy.

Remember, kids are resilient and have the ability to adapt, but they also need our support and understanding. Together, we can help them develop necessary life skills and foster a hopeful outlook for the future.

Click here to read about children's inspiring stories of resilience during the pandemic.



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A fall-down spit-out funny book for kids stuck at home during COVID.

Recommended by The US Review of Books.

Have you got a kid who hates Zoom classes and loves poop jokes? Are you a parent stuck inside with school-aged kids, feeling anything but safer at home, wondering about the long-term effects of letting your kid play video games for a solid year? You're in the right place.

There's nothing funny about the worldwide COVID 19 pandemic, but kids stuck at home indefinitely, ruling the roost and filling their days? Hilarious.

This collection from the award-winning author of *Mommy Your Name is Poo Poo* and *Mommy Haiku'd All Over the Baby* showcases the kid side of quarantine. The schools may be closed, but kids' eyes and mouths are wide open. So pause their devices and toss them *Virtual Playdate* for a good old-fashioned analog laugh with content that's relatable, timely, and only a little bit gross.

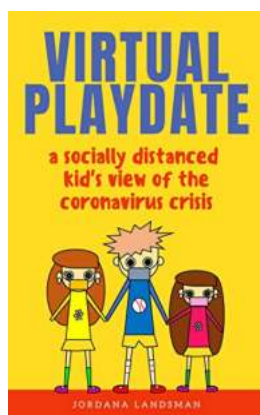
Have you got a younger child living through COVID? Check out Jordana Landsman's sweet new children's book, *I'm Safer at Home*, essential family reading available now for kids ages three and up.

Praise for *Virtual Playdate* from The US Review of Books:

This small book of verse delves into the realities of life under the threat of the coronavirus as seen through the eyes of children suddenly faced with having to stay home from school. The collection lends a bit of humor to the everyday realities of life in a "safer at home" environment. Subjects such as dealing with daily baths, modified social lives, and parents are broached from a kid's unique perspective. The volume is divided into four sections—"Safer at Home," "Zoom and School," "Social Life," and "Grownups. The epilogue, "Teddy Bear in the Window," is a touching tribute to the human spirit: "The teddy bear in my window / Is kid code for "I'm still here!" / I'm biding my time, I'm playing my games / I haven't disappeared."

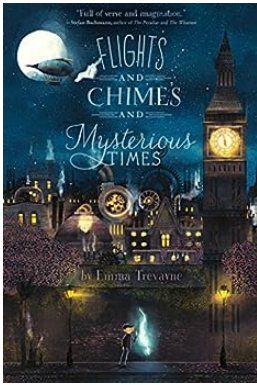
Written for both kids and parents, this collection of humorous poems is a light in the darkness. The author readily admits that "there is nothing funny about the worldwide COVID-19 pandemic." Yet, kids are resilient and decidedly entertaining even when faced with such endeavors as homeschooling and drive-by birthday parties. Drawing upon the experiences of her three children, the author tackles such modern norms as wearing pajamas all day and learning to be discreet while on Zoom. Readers will discover laugh-out-loud verses in this book, along with a few that offer a more melancholy tone. However, kids and parents alike will find common ground. This is the perfect choice for those who could use a little comic relief in an uncertain world. Timely and poignant, Landsman's offering is a much-needed respite for long days at home.

RECOMMENDED by the US Review



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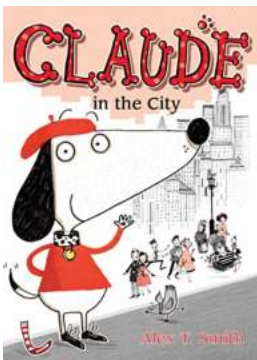
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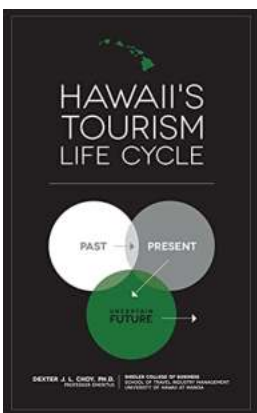
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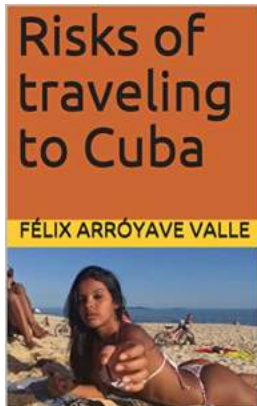
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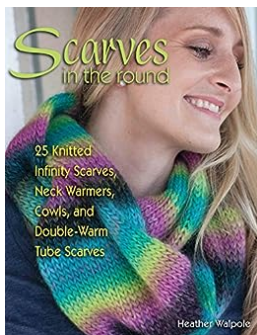
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