

House Cleaning Tips To Organize Your House

Declutter Your Home ✓ CHECKLIST

KITCHEN

- Match food storage containers & lids. Discard mismatches.
- Clean out underneath the sink, Discard expired cleaners.
- Wash out garbage cans.
- Clean oven. Use the self-cleaning option or clean it manually.
- Clean fridge. Throw out old condiments and food. Wash all surfaces. Replace deodorizer.
- Clean the microwave.
- Go through cupboards and discard old and half eaten items. Restack all items orderly.
- Go through dishes and get rid of ones you don't use.

LAUNDRY ROOM

- Discard broken hangers, clothing tags, lint or other trash.
- Clean out lint trap with the vacuum cleaner.
- Wipe up any detergent spills on washer, dryer, counters, shelves and floors.
- Go through detergents, stain removers and discard empty or expired items.
- Move dryer and vacuum lint from under dryer, in and around hose.

BATHROOMS

- Wash out trash can.
- Clean out underneath sink. Discard any expired items.
- Clean out drawers and cupboards. Wipe down.
- Go through medicine cabinets and discard expired medications properly.
- Remove calcium and lime deposits from showerheads, toilet bowls and water faucets.
- Wipe down doors and walls to remove water streaks and other grime.

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Keeping your house clean and organized can sometimes feel like an overwhelming task. However, with the right tips and tricks, you can easily transform your living space into a tidy and relaxing haven. In this article, we will explore various house cleaning tips that will help you organize your house effectively.

The 1-Week Cleaning Challenge

If you want to kickstart your organizing journey, try the 1-week cleaning challenge. This challenge involves dedicating each day of the week to cleaning and organizing a specific area of your house. For example, Monday could be the day to clean the living room, Tuesday for the kitchen, Wednesday for the bedrooms, and so on. By breaking down your tasks into manageable chunks, you'll avoid feeling overwhelmed.



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by Lance Marcum (Kindle Edition)

★★★★★ 5 out of 5

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Deep Cleaning Checklist

HOUSEHOLD:

- Organize Closets
- Dust / Clean All Mirrors, Frames and Decorative Items
- Dust / Vacuum All Lamps, Lamp Shades
- Remove Cobwebs
- Wash Walls / Touch Up Paint
- Wash Skirting Boards, Door Frames and Doors
- Dust Light Fixtures and Fans
- Dust / Polish Wall Decor
- Clean Windows / Blinds / Screens and Tracks
- Dust / Wash or Replace Air Vents if Necessary
- Vacuum & Shampoo All Carpets
- Dust / Shine Overhead Lights, Replace Burnt Out Bulbs
- Move All Pieces of Furniture & Sweep / Vacuum / Dust
- Wash Curtains
- Dust / Polish / Wax All Furniture

KITCHEN:

- Wash Kitchen Cabinets / Drawers / Shelves Inside & Out
- Deep Clean Freezer - Defrost and Clean Out
- Deep Clean Oven / Microwave / Dishwasher
- Move Stove & Vacuum and Mop Behind It
- Vacuum Stove Vents
- Move Fridge & Vacuum and Mop Behind It
- Vacuum Coils On Fridge
- Clean Food Trap in Dishwasher
- Deep Clean Fridge Shelves, Tray and Doors
- Get Rid of All Expired Food and Over Used Items
- Shine / Disinfect Sink
- Clean Counters / Backsplash - Disinfect
- Sweep / Mop Floor and Wax If Necessary
- Clean / Purge / Organize Cabinets, Pantry & Cupboards
- Wash / Polish All Silverware

BATHROOMS:

- Remove Scum Using Water, Vinegar & Lemon Juice
- Get Rid of Toilet Rings w/ a Swipe of a Dryer Sheet
- Fill a Bag w/ Vinegar & Tie Around Shower Head Leave Overnight & It Will Run Like New
- Wipe Down Faucet with Dryer Sheet To Make Shiny
- Wash Shower Curtains / Liners
- Clean Mirrors
- Wash Bathmat / Towels
- Disinfect / Scrub Sink, Toilet Bowl, Shower & Bath
- Mop Floors
- Clean / Disinfect Counters
- Clean Under Countertops and Reorganize Cupboards
- Throw Away Any Old Products & Expired Medication
- Scrub / Reseal Tile Grout
- Check / Fix Any Leaks & Clogs

LIVING ROOM:

- Clean Television Screen
- Dust / Clean All Appliances and Electronics
- Wash All Throw Pillows & Blankets
- Wash / Clean All Slipcovers, Upholstery and Curtains
- Wax / Dust / Polish Any Furniture
- Vacuum Couch Crevices, Fluff All Pillows and Cushions
- Clean Out Fireplace If Necessary

BEDROOMS:

- Dust Blinds / Wash Curtains
- Wash All Bedding Including Duvet
- Dust / Clean Mirros, Frames & Decorative Items
- Flip Mattress / If Using Pillow Top Rotate Mattress
- Clean Mattress By Mixing Baking Soda & Lavender Oil Spread Over Mattress, Wait 1 Hour and Vacuum Up
- Clean Out All Closets, Cupboards & Dressers
- Take Out All Unwanted / Unused Items & Donate
- Reorganize & Put Clothes Away
- Dust / Polish / Wax Any Furniture

OFFICE:

- Dust / Polish / Wax Any Furniture
- Dust / Clean Computer, Keyboard and Monitor
- Clean Out / Organize All Drawers & Shelves
- Clean Out Files / File Cabinets
- Organize House Paperwork & Bills
- Shred Old / Unnecessary Documents

UTILITY SPACE:

- Clean Washing Machine By Running 1 Cycle w/ Bleach Run Another Cycle w/ White Vinegar
- Sweep / Mop Under Washing Machine / Dryer
- Vacuum Out Lint Buildup
- Clean Out / Organize Attic & Basement
- Sweep / Clean / Organize Garage
- Wash A/C Unit & All Filters / Replace If Necessary
- Check Electrical Box (Label Everything Accordingly)

OUTSIDE/ENTRY/PORCH:

- Clean Sliding / French / Front / Back Door Inside & Out
- Scrub Porch Ceiling, Walls & Floor
- Power Wash Exterior, Touch Up Paint If Necessary
- Check Windows For Cracks - Recaulk
- Clean Out / Repair Gutters
- Clean Outdoor Fixtures, Repair & Replace Bulbs
- Wash Down And Clean All Outdoor Furniture
- Tighten Loose Screws, Stain & Reseal Porch

Organizing Cleaning Supplies

Keeping your cleaning supplies organized will save you time and effort. Consider using a multipurpose cleaning caddy to store all your supplies in one place. This way, you can easily carry them from room to room without needing to search for items. Use dividers or small containers to keep your supplies neatly organized








within the caddy. Labeling them can also help you quickly locate the exact product you need.

Declutter Before Cleaning

To make your cleaning and organizing efforts more efficient, it's crucial to declutter first. Any items that you no longer use, need, or love should be removed from your home. Create three piles: keep, donate/sell, and trash. Be honest with yourself and let go of things that only contribute to clutter. Once you've decluttered, you'll notice that cleaning becomes easier and your house looks more spacious.

Safety Tips

For Your Adult Residential Care Home

<p style="text-align: center;"><u>Clean & Free of Clutter</u></p> <ul style="list-style-type: none"> Remove any opportunities that may cause falls. 	<p style="text-align: center;"><u>Aware of Routine</u></p> <ul style="list-style-type: none"> Keep an eye on your resident's everyday routine. 
<p style="text-align: center;"><u>Ease of Access</u></p> <ul style="list-style-type: none"> Provide your residents with call buttons. 	<p style="text-align: center;"><u>Examine Alarms & Detectors</u></p> <ul style="list-style-type: none"> Check smoke detectors and alarms regularly. 
<p style="text-align: center;"><u>Know The Plan</u></p> <ul style="list-style-type: none"> Make sure to have an updated emergency plan. 	<p style="text-align: center;"><u>Clear Labels</u></p> <ul style="list-style-type: none"> Make sure all medications are clearly labeled. 
<p style="text-align: center;"><u>Light Up The Room</u></p> <ul style="list-style-type: none"> Leave a light in hallways and bathrooms at night. 	<p style="text-align: center;"><u>Hot or Cold</u></p> <ul style="list-style-type: none"> Mark hot and cold faucets clearly for use. 


 For more information on safety tips or for more infographics call PCALIC today! 1-800-673-2558

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Preventive Measures for a Clean Bedroom

A clean and organized bedroom promotes better sleep and relaxation. Here are some preventive measures you can take to maintain the cleanliness of your bedroom:

- Make your bed every morning to set a neat tone for the room.

- Put away clothes and accessories daily instead of letting them pile up.
- Invest in storage containers for items that often clutter your bedroom, such as shoes or books.
- Vacuum and dust regularly to eliminate allergens that can impact your sleep.

Kitchen Organization Hacks

The kitchen is often a hub of activity and can quickly become disorganized.

Consider implementing the following organization hacks in your kitchen:

- Use drawer dividers to keep utensils and small tools neatly separated.
- Organize your pantry by grouping similar items together and utilizing clear storage containers.
- Install hooks inside cupboard doors to hang frequently used pots, pans, or measuring cups.
- Label shelves and containers to make finding ingredients and supplies quick and easy.

Is it "mom" clean?

- MAKE BED**
- HANG UP CLEAN CLOTHES IN CLOSET**
- PUT AWAY SHOES AND SOCKS**
- CLEAN OFF DRESSER/DESK**
- PICK UP ALL TOYS**
- PICK UP BOOKS**
- THROW AWAY ANY GARBAGE**
- PUT DIRTY CLOTHES IN LAUNDRY**
- CHECK UNDER YOUR BED**
- VACUUM**
- LOOK AROUND...ANYTHING ELSE?**

Cleaning Tips for a Tidy Living Room

The living room is where most families spend their leisure time, so it's essential to keep it clean and organized. Here are some tips to maintain a tidy living room:

- Have a designated spot for remote controls, magazines, and other frequently used items.

- Use decorative baskets or bins to control clutter by storing toys, blankets, or throw pillows.
- Vacuum upholstery regularly to remove dust and pet hair.
- Wipe down surfaces and dust shelves to keep everything looking clean and inviting.

Bathroom Cleaning and Organization

The bathroom is a high-traffic area that requires regular cleaning and organization. Follow these tips to keep your bathroom sparkling:

- Use clear drawer organizers to separate cosmetics, toiletries, and grooming products.
- Install towel hooks or racks to hang towels neatly instead of leaving them on the floor.
- Utilize wall-mounted shelves or cabinets to store cleaning supplies and keep them out of reach of children.
- Clean the toilet, sink, and shower regularly using appropriate cleaning products.

The Power of Regular Cleaning Habits

Maintaining a clean and organized house requires the development of regular cleaning habits. Schedule cleaning tasks on a daily, weekly, and monthly basis. Consistency is key to preventing clutter and maintaining a tidy home. By incorporating these habits into your routine, you'll spend less time on deep cleaning and more time enjoying your organized living space.

Organizing your house and keeping it clean doesn't have to be a daunting task. With these house cleaning tips, you can transform your living space into a clutter-free and tranquil environment. Remember to break down your tasks, declutter regularly, utilize organization hacks, and develop long-lasting cleaning habits. Your house will thank you, and you'll enjoy the benefits of an organized and inviting home.

Declutter Your Home CHECKLIST

- KITCHEN**
 - Search for single containers & lids. Discard empties.
 - Clean out underneath the sink. Discard expired cleaners.
 - Wash out garbage cans.
 - Clean coils. Use the self-cleaning option or clean it manually.
 - Check fridge. Throw out old condiments and food. Wipe all surfaces.
 - Restock dishwasher.
 - Clean the microwave.
 - Go through cabinets and discard old and hot water items. Restock as necessary.
 - Go through items and get rid of ones you don't use.
- LAUNDRY ROOM**
 - Discard broken hangers, clothing tags, lint or other trash.
 - Clean out lint trap with the vacuum cleaner.
 - Wipe up any detergent spills on counter, signs, outlets, shelves and floor.
 - Go through detergent, stain-remover and bleach trays or dispenser.
 - Wash floor and vacuum lint from under door. In and around hole.
- BATHROOMS**
 - Wash out hair sink.
 - Clean out underneath sink. Discard any soiled items.
 - Clean out shower and bathtub. Wipe down.
 - Go through medicine cabinets and discard expired medicines properly.
 - Remove clutter and line up items from drawers, shelves and under water faucets.
 - Wipe down basin and walls to remove water stains and other grime.

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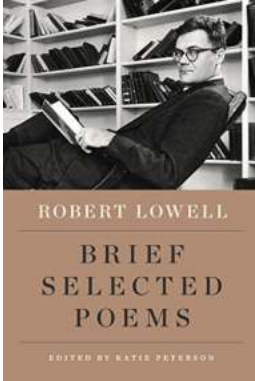
I discovered a few years ago that I had been cleaning my house incorrectly. I was in a hotel room when a cleaner entered and sprayed a cleaning solution on every surface before leaving. She reappeared just as I thought she'd forgotten. She wiped the entire area with a thin dry towel for less than two minutes, and it shined. I'd never considered letting one solution handle everything, so I asked her what she'd done. Butcher's Bath Mate was the name of the product, and it was a staple in the industry. Professional cleaners know how to get the job done quickly and efficiently. As a result, I've written this book to tell you about it!

Declutter Your Home CHECKLIST

- KITCHEN**
 - Wash and sanitize countertops & sink. Disinfect appliances.
 - Clean and sanitize the sink, floor and adjacent counters.
 - Wash and sanitize floors.
 - Clean walls, use the self-cleaning feature on ovens if available.
 - Check fridge. Throw out old condiments and food. Wipe off surfaces. Replace shelves.
 - Clean the microwave.
 - Go through cupboards and discard old and half eaten items. Restock if items empty.
 - Go through dishes and get rid of ones you don't use.
- LAUNDRY ROOM**
 - Discard broken hangers, clothing tags, etc. in other bins.
 - Clean and sanitize the sink, floor and adjacent counters.
 - Wipe up any detergent spills on marble, stone, concrete, linoleum and floor.
 - Go through detergents, stain removers and discard empty or expired items.
 - Wash dryer and vacuum belt from under door, in and around bins.
- BATHROOMS**
 - Wash out toilet bowl.
 - Clean and sanitize sink, discard any expired items.
 - Clean out drains and caulked. Wipe down.
 - Go through medicine cabinets and discard expired medications properly.
 - Remove calcium and lime deposits from showerheads, toilet bowls and water faucets.
 - Wipe down drain and walls to remove water stains and other grime.

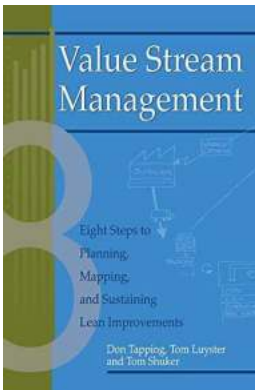
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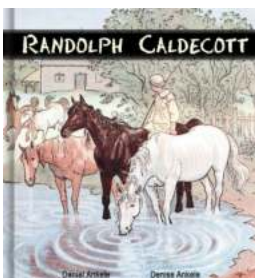
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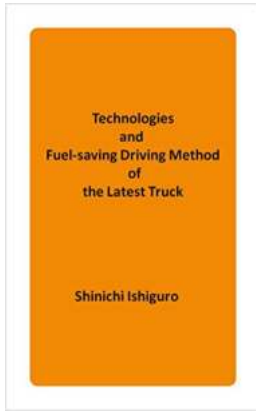
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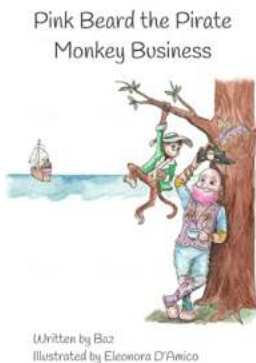
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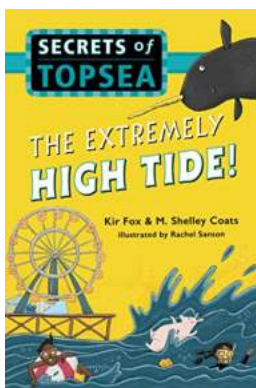
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