

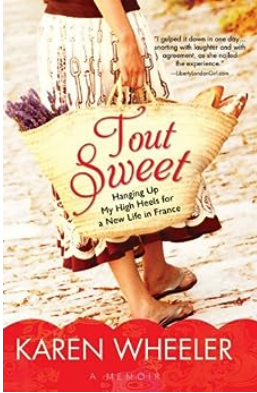
# Hanging Up My High Heels For New Life In France



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It was a surreal decision, but one that I knew deep down was necessary. After years of hustling in the corporate world, climbing up the ladder with my high heels clicking on the polished floors, I finally made the bold move to leave it all behind and embark on a new journey in France.

The decision didn't come easy. It took countless sleepless nights, months of contemplation, and a burning desire for change. The allure of a simpler, more fulfilling life lured me towards the picturesque beauty of the French countryside.



## Tout Sweet: Hanging Up My High Heels for a New Life in France by Karen Wheeler (Kindle Edition)

★★★★☆ 4.3 out of 5

Language	: English
File size	: 818 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Screen Reader	: Supported
Print length	: 321 pages



### The High Heel Lifestyle

As an ambitious career woman, my high heels were almost an extension of my identity. They were a symbol of power, confidence, and success. But what I realized over time was that they were also slowly suffocating my soul.

The corporate world demanded constant perfection - the perfect attire, the perfect appearance, the perfect demeanor. I spent hours on end squeezing my feet into uncomfortable heels, trying to maintain an illusion of poise and elegance.

However, the toll on my mental and physical well-being started to become too much. The constant pressure to conform to society's expectations weighed heavy on my shoulders. I yearned for freedom, authenticity, and a simpler way of life.

### A Glimpse of Serenity

The decision to move to France was fueled by the desire to find serenity in my life. The country's rich history, breathtaking landscapes, and laid-back lifestyle seemed like the perfect antidote to my high-heeled existence.



And so, I packed my bags, bid farewell to the hustle and bustle of city life, and ventured into the unknown. As I settled into my new home nestled amidst rolling hills and vibrant vineyards, a sense of calm washed over me.

Gone were the days of rushing from one meeting to another, anxiously navigating crowded streets in my heels. I now had the freedom to explore the quaint villages, sample local delicacies, and immerse myself in the rich French culture.

## **Discovering New Passions**

Leaving behind my high-heeled life also gave me the opportunity to rediscover my passions. The slower pace of life in France allowed me to dive headfirst into activities that had long taken a backseat in my hectic corporate career.

I found solace in hiking through the verdant forests, embracing the natural beauty that surrounded me. I learned to appreciate the art of winemaking and even started taking classes to develop my palate and knowledge of wine. I found joy in connecting with fellow expats, artists, and craftsmen who shared a similar yearning for a more fulfilling life.

## **A New Definition of Success**

Through my journey in France, I discovered that success wasn't solely defined by climbing corporate ladders or accumulating material wealth. It was about reconnecting with my true self, finding inner peace, and pursuing passions that brought genuine happiness.

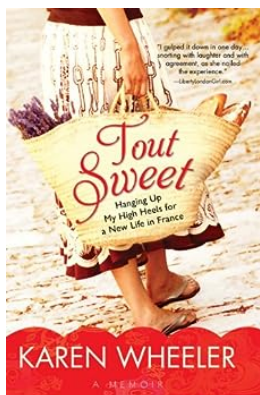
As I swapped my high heels for comfortable walking shoes, I finally allowed myself to fully embrace a newfound sense of liberation. The pressure to perform, conform, and impress no longer fuel my every waking moment.

## **Taking the Leap**

For anyone contemplating a similar leap of faith, I encourage you to listen to that intuitive voice deep within. Embrace change, challenge societal norms, and dare to pursue a life that aligns with your true passions and desires.

Leaving behind my high-heeled life was undoubtedly an intimidating decision, but it was also the best decision I ever made. France has given me the opportunity to reinvent myself, to live life on my terms, and to appreciate the beauty in simplicity.

So, hang up those high heels, step into the unknown, and embrace the adventure that awaits. Your true self is eagerly waiting to be discovered in the most unexpected of places.



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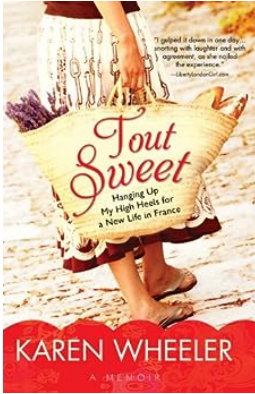
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In her mid-thirties, fashion editor Karen has it all: a handsome boyfriend, a fab flat in west London, and an array of gorgeous shoes. But when her boyfriend, Eric, leaves she makes an unexpected decision: to hang up her Manolos and wave good-bye to her glamorous city lifestyle to go it alone in a run-down house in rural Poitou-Charentes, central western France.

Tout Sweet is the perfect read for anyone who dreams of chucking away their BlackBerry in favor of real blackberrying and downshifting to a romantic, alluring locale where new friendships—and new loves—are just some of the treasures to be found amongst life's simple pleasures.





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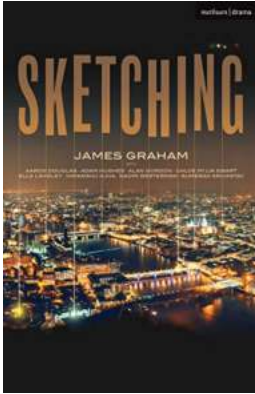
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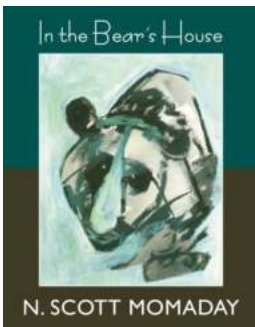
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