

Four Season Guide To 50 Of The Best Trails In The Garden State From The

The Garden State, known for its beautiful landscapes and stunning natural beauty, is a paradise for outdoor enthusiasts. With its diverse terrain and varied climates, New Jersey offers a wide range of picturesque trails that cater to hikers, bikers, and nature lovers of all ages and skill levels.

Whether you're an avid adventurer or a casual explorer, there's something for everyone in this four-season guide to the best trails in the Garden State. From towering mountains to peaceful lakeshores, each trail presents a unique opportunity to immerse yourself in the breathtaking beauty of New Jersey.

1. Appalachian Trail - Spanning 72 miles through the state, this legendary trail offers stunning views, challenging terrain, and an unforgettable experience. With its diverse flora and fauna, the Appalachian Trail is a must-visit for nature enthusiasts.



AMC's Best Day Hikes in New Jersey: Four-Season Guide to 50 of the Best Trails in the Garden State, from the Skylands to the Shore

by Priscilla Estes (Kindle Edition)

★★★★☆ 4.6 out of 5

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2. Delaware Water Gap - Located on the border of New Jersey and Pennsylvania, the Delaware Water Gap offers a multitude of trails that wind through dense forests and alongside serene waterfalls. The breathtaking views are a sight to behold in any season.

3. Cape May Point State Park - For those seeking a tranquil coastal hike, Cape May Point State Park is the perfect destination. With its sandy beaches, marshes, and scenic trails, this park offers a peaceful retreat away from the bustling city life.

4. High Point State Park - Offering panoramic views of the surrounding valleys and mountains, High Point State Park is a hiker's paradise. The park's highest point, aptly named High Point Monument, provides a breathtaking view of three states.

5. Hacklebarney State Park - Nestled in the heart of Morris County, Hacklebarney State Park is known for its pristine streams, rocky gorges, and diverse wildlife. This scenic park is ideal for those looking to explore trails rich in history and natural beauty.

6. Palisades Interstate Park - Just across the Hudson River from New York City, Palisades Interstate Park offers spectacular views of the Manhattan skyline along its many cliffside trails. The park's rugged terrain and lush forests are a stark contrast to the nearby urban jungle.

7. Round Valley Recreation Area - Located in Clinton, this park boasts a picturesque reservoir surrounded by rolling hills. The extensive trail system in Round Valley Recreation Area offers hikers and bikers the opportunity to explore the park's diverse landscapes.

8. Kittatinny Valley State Park - Known for its expansive fields, forests, and wetlands, Kittatinny Valley State Park is a haven for wildlife and outdoor enthusiasts. The park's diverse trails traverse through various ecosystems, making it a must-visit destination for nature lovers.

9. Cheesequake State Park - With its unique combination of saltwater and freshwater ecosystems, Cheesequake State Park offers an unparalleled opportunity to explore diverse habitats. The park's trails lead visitors through marshes, forests, and the tranquil Raritan Bay shoreline.

10. Allaire State Park - Located in Monmouth County, Allaire State Park is a historic site that also offers a variety of recreational activities. The park's well-maintained trails wind through dense forests and past old mining shafts, providing visitors with a glimpse into the area's rich industrial past.

These are just a few of the many amazing trails that the Garden State has to offer. Whether you're a seasoned hiker or a novice explorer, you'll find something to love in the diverse landscapes and stunning natural beauty of New Jersey. So grab your hiking boots, pack your backpack, and embark on an unforgettable adventure through the best trails in the Garden State!

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This brand-new title from the Appalachian Mountain Club's trusted Best Day Hikes series is your indispensable guide to the 50 top treks in the Garden State, all doable in a day or less. Whether you're an avid hiker or seek adventure in your own backyard, this must-have resource covers all of New Jersey—the northern Skylands, the northeastern Gateway near New York City, the Jersey and Southern shores, the Greater Atlantic City area, and the Delaware River—revealing remarkable natural beauty in the midst of a densely populated region. Explore the urban-adjacent, 4,269-acre Ramapo State Forest, with its views of the New York City skyline; hike New Jersey's famous Pine Barrens; stroll seaside in Hartshorne Woods Park; and tackle the rugged landscape along the Appalachian Trail, in High Point State Park. You'll find hikes for every skill level.

An at-a-glance trip planner highlights the best options near public transportation, as well as those for kids, dogs, and winter snowshoeing and skiing. With GPS coordinates for every trailhead, turn-by-turn directions, and information on time, distance, and difficulty for each hike, as well as enriching essays about the area's

natural and social history, this is your quintessential guide to uncovering and exploring the hidden gems of a verdant landscape.

Inside You'll Find:

50 recommended hikes for all ability levels

GPS coordinates for every trailhead

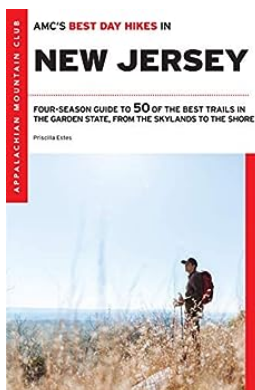
Locator map and at-a-glance trip planner for easy selection

Detailed maps showing parking areas, trails, and natural highlights

Summaries of time, distance, and difficulty level for each trail

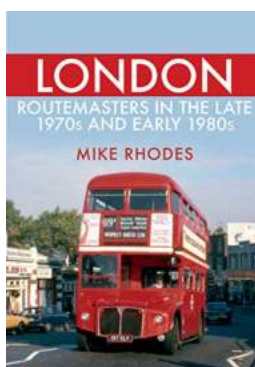
Hiking and safety tips, including what to carry in your pack

Essays on the flora, fauna, and historic landmarks of the region



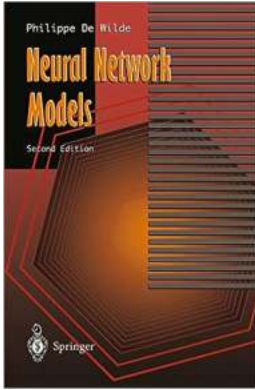
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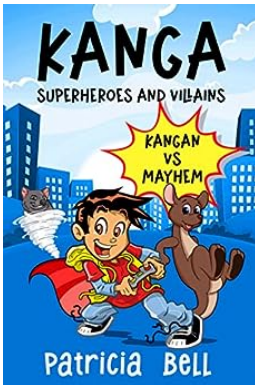
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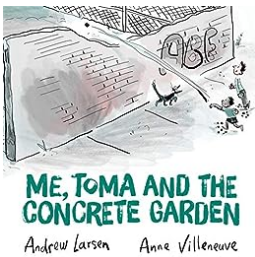
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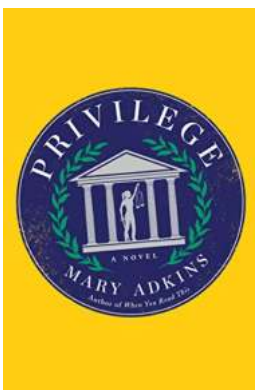
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