

# Discover the Powerful and Raw Emotions of "Built For Abuse" Acting Monologues for Men

## Monologues

### *Ghosts* by Henrik Ibsen

OSWALD (20-30):

Ah, the joy of life, mother; that's a thing you don't know much about in these parts. I have never felt it here.... And then, too, the joy of work. At bottom, it's the same thing. But that too you know nothing about.... Here people are brought up to believe that work is a curse and a punishment for sin, and that life is something miserable, something we want to be done with, the sooner the better.... Have you noticed that everything I have painted has turned upon the joy of life? Always, always upon the joy of life? -- light and sunshine and glorious air, and faces radiant with happiness? That is why I am afraid of remaining at home with you.

MRS. ALVING: Oswald, you spoke of the joy of life; and at that word a new light burst for me over my life and all it has contained.... You ought to have known your father when he was a young lieutenant. He was brimming over with the joy of life!... He had no object in life, but only an official position. He had no work into which he could throw himself heart and soul; he had only business. He had not a single comrade that knew what the joy of life meant -- only loafers and boon companions.... So that happened which was sure to happen.... Oswald, my dear boy; has it shaken you very much?

OSWALD: Of course it came upon me as a great surprise, but, after all, it can't matter much to me.

MRS. ALVING: Can't matter! That your father was so infinitely miserable!

OSWALD: Of course I can pity him as I would anybody else; but--

MRS. ALVING: Nothing more? Your own father!

OSWALD: Oh, there! "Father," "father"! I never knew anything of father. I don't remember anything about him except -- that he once made me sick.

### *A Doll's House* by Henrik Ibsen

TORVALD (30-45):

[Standing at Nora's doorway.] Try and calm yourself, and make your mind easy again, my frightened little singing-bird. Be at rest, and feel secure; I have broad wings to shelter you under. [Walks up and down by the door.] How warm and cozy our home is, Nora. Here is shelter for you; here I will protect you like a hunted dove that I have saved from a hawk's claws; I will bring peace to your poor beating heart. It will come, little by little, Nora, believe me. Tomorrow morning you will look upon it all quite differently; soon everything will be just as it was before.

Very soon you won't need me to assure you that I have forgiven you; you will yourself feel the certainty that I have done so. Can you suppose I should ever think of such a thing as repudiating you, or even reproaching you? You have no idea what a true man's heart is like, Nora. There is something so indescribably sweet and satisfying, to a man, in the knowledge that he has forgiven his wife--forgiven

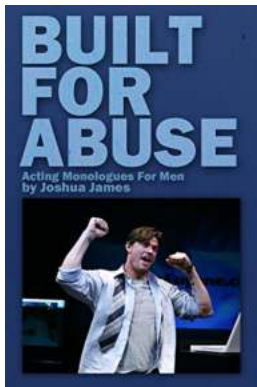
## The Impact of "Built For Abuse" Monologues

When it comes to the world of acting, one aspect that truly captivates audiences and leaves a lasting impression is the ability to express raw and powerful

emotions. Built For Abuse, a collection of acting monologues exclusively designed for men, provides an opportunity for actors to delve deep into intense emotions and showcase their incredible talent.

## Unleash Your Emotions with Authentic Monologues

Built For Abuse monologues are not for the faint of heart. They are crafted to tap into the darkest corners of the human psyche, elevating the actor's performance to a level of vulnerability rarely seen in other monologues. These monologues take on challenging topics such as abuse, addiction, and mental health, inspiring actors to dig deep and unravel complex emotional journeys.



### Built For Abuse: Acting Monologues For Men

by Joshua Todd James (Kindle Edition)

★★★★☆ 4.4 out of 5

Language	: English
File size	: 2952 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 119 pages
Lending	: Enabled



Each monologue in the collection is carefully written by renowned playwrights who have a deep understanding of the human experience. They evoke powerful emotions within the actor, allowing them to channel their innermost feelings and captivate audiences on a visceral level.

## Explore a Range of Characters and Themes

The "Built For Abuse" collection offers a wide range of monologues that cater to different characters and their unique stories. From recovering addicts seeking redemption to survivors of intense abuse fighting for justice, these monologues present an opportunity to explore the nuances of human experience.

Portraying these complex characters and their emotional journeys not only stretches an actor's abilities but also provides a platform to raise awareness about important societal issues. The empathy and understanding developed through these monologues can lead to powerful conversations and positive change.

## **Benefits of Performing "Built For Abuse" Monologues**

As an actor, engaging with "Built For Abuse" monologues offers numerous benefits for personal and professional growth:

- **Emotional depth:** These monologues push you to explore the depths of human emotions, enhancing your ability to portray complex characters in any acting role.
- **Character development:** The intricate stories within the monologues allow you to develop multi-layered characters, strengthening your versatility as an actor.
- **Vocal and physical range:** By embodying diverse characters, you can expand your repertoire of vocal techniques and physicality, enhancing your overall performance.
- **Empathy and understanding:** Acting out challenging narratives cultivates empathy and deepens your understanding of others' struggles, promoting personal growth and compassion.

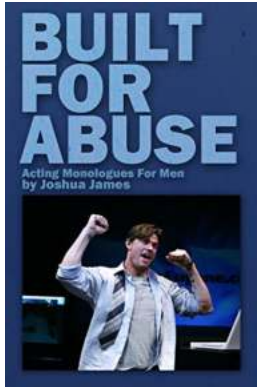
- **Showcasing your talent:** "Built For Abuse" monologues provide a unique opportunity to captivate audiences and leave a lasting impression.

## Grab Your "Built For Abuse" Monologue Now!

Are you ready to dive into the world of "Built For Abuse" monologues and unleash your emotions in a captivating way? Whether you're an aspiring actor or an experienced performer looking to tackle challenging material, these monologues will take your skills to new heights.

Explore the collection today and witness the transformative power of "Built For Abuse" acting monologues. Get ready to stun audiences and leave a lasting impact with your powerful performances!

This article is written by AI.



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Playwright and screenwriter Joshua James has collected nearly fifty monologues for men from his plays THE MEN'S ROOM, TALLBOY WALKIN', THE

PLEASURE PRINCIPLE and many more... for auditions, class study, solo performance and more...

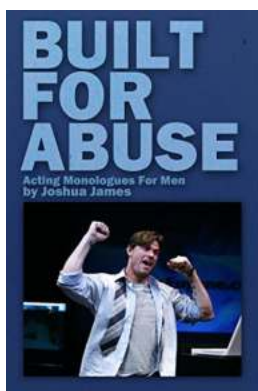
"Joshua James' work is bold, intelligent and subversive. Read it. Then find a way to make it happen on stage. American theater is clogged with the paltry visions of the privileged class, which assure us that the world we live in does not need immediate and radical change. James' work pulls the plug on sentimentality and comfort on stage. His work is at times dark, disturbing, but always arresting and shot through with a fine sense of humour."

- Obie-award winning playwright Naomi Wallace



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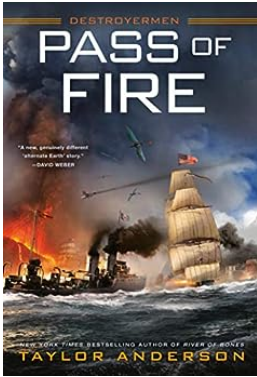
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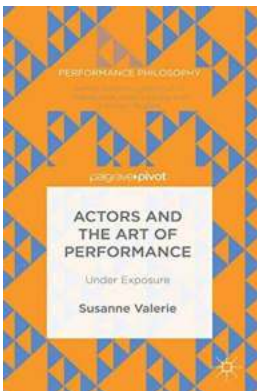
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