# Discover the Power of Inclusive Theatre: Celebrating the Ability of All

When it comes to theatre, the spotlight is often reserved for those with exceptional talents and abilities. But what about celebrating the ability of all individuals, regardless of their differences? Inclusive theatre is an emerging movement that aims to break down barriers, promote diversity, and empower individuals of all backgrounds and abilities.

#### The Magic Behind Inclusive Theatre

Inclusive theatre is a transformative practice that embraces the unique abilities and experiences of every individual. Unlike traditional theatre, the focus is not solely on performing arts skills, but rather on creating a safe and inclusive environment where everyone can participate and contribute.

One of the key aspects of inclusive theatre is its emphasis on collaboration and community. Inclusive theatre groups bring together individuals from diverse backgrounds, including actors with disabilities, professionals from the performing arts industry, and passionate volunteers. By working together, they create a space where creativity thrives and barriers are broken.



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# SAM WITH KATHY HOTCHNER

#### Taking A Detour: Adapting Theatre to Celebrate

the Ability of All by Christopher Dobson (Kindle Edition)

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Through storytelling, movement, and performance, inclusive theatre aims to challenge societal stereotypes and misconceptions about disabilities. It aims to show that individuals with disabilities have unique talents and perspectives that deserve to be celebrated on stage, just like anyone else.

#### **Breaking Down Barriers and Inspiring Change**

By adapting theatre to embrace the ability of all individuals, inclusive theatre not only creates opportunities for artistic expression but also plays a vital role in promoting social inclusion and equality. It helps to break down barriers and change attitudes towards disability.

When audiences see individuals with disabilities performing on stage, they are exposed to a new narrative. They begin to question their preconceived notions about what disability means and recognize the immense potential and abilities that lie within every individual. This exposure fosters empathy, understanding, and acceptance.

Furthermore, inclusive theatre challenges the traditional notions of what constitutes a "successful" performance. Instead of focusing solely on technical abilities or achieving perfection, it celebrates each individual's unique contribution and recognizes that the power of storytelling lies in authentic human connections. Inclusive theatre provides a platform for diverse voices to be heard and promotes the power of collective storytelling.

#### **Adapting Theatre for All Abilities**

Creating an inclusive and accessible theatrical experience requires adaptation on multiple levels. Here are some ways that theatre can be adapted to celebrate the ability of all:

#### 1. Accessibility:

Inclusive theatre starts with ensuring physical accessibility for all individuals. This includes accessible entrances, seating, and facilities. It also involves providing sensory-friendly performances and utilizing assistive technologies such as audio descriptions and sign language interpreters.

#### 2. Role Tailoring:

Inclusive theatre recognizes that each individual has unique abilities and strengths. When casting roles, it is important to consider these abilities and provide opportunities for everyone to shine. Tailoring roles to the individual's skills and interests ensures that they can fully engage and contribute to the performance.

#### 3. Collaborative Rehearsals:

Inclusive theatre values the input and ideas of every participant. Collaborative rehearsals allow the actors to bring their own experiences and perspectives to the production, creating a richer and more authentic performance. It fosters a sense of ownership and pride within the ensemble.

#### 4. Sensory Stimulation:

Inclusive theatre utilizes a multi-sensory approach to engage all individuals. This can include incorporating tactile elements, visual projections, or even fragrances into the performances. By stimulating multiple senses, the theatrical experience becomes more immersive and inclusive.

#### The Impact of Inclusive Theatre

The impact of inclusive theatre extends far beyond the stage. It has the power to change lives, challenge societal perceptions, and create a more inclusive society. Here are some of the profound effects of inclusive theatre:

#### 1. Confidence and Empowerment:

Participation in inclusive theatre empowers individuals, helping them build selfconfidence and self-esteem. It provides a platform for self-expression, allowing individuals to discover their talents and strengths.

#### 2. Social Inclusion:

Inclusive theatre encourages social interaction and fosters a sense of belonging. It brings individuals from diverse backgrounds together, creating lasting friendships and breaking down social barriers.

#### 3. Changing Perceptions:

Through authentic storytelling, inclusive theatre challenges stereotypes and misconceptions about disabilities. It promotes a more inclusive and compassionate society by showcasing the unique talents and capabilities of individuals with disabilities.

#### 4. Advocacy and Awareness:

Inclusive theatre serves as a powerful advocacy tool, raising awareness about the barriers faced by individuals with disabilities. By bringing these issues to the forefront, it inspires change and sparks conversations about inclusion and accessibility.

#### Get Involved and Celebrate the Ability of All

If you're looking to get involved or support inclusive theatre, there are various ways you can make a difference:

#### 1. Volunteer:

Many inclusive theatre groups rely on dedicated volunteers to assist with various aspects of production or provide support during performances. Volunteering your time can be a meaningful way to contribute to the inclusive theatre movement.

#### 2. Attend Performances:

Show your support by attending inclusive theatre performances. By being part of the audience, you contribute to the collective experience and help create a sense of inclusion.

#### 3. Support Inclusive Theatre Organizations:

Many organizations are working tirelessly to promote inclusive theatre. You can support them through donations, fundraising events, or even by spreading the word about their initiatives on social media.

#### 4. Advocate for Accessibility:

Advocate for accessibility in your local theatre community and beyond. Encourage theatres to adopt inclusive practices, provide accessible seating, and offer sensory-friendly performances.

By adapting theatre to celebrate the ability of all individuals, we can create a more inclusive society where diversity is cherished and everyone's voice is heard.

Inclusive theatre has the power to touch hearts, challenge perceptions, and inspire change. Let's embrace the magic of inclusive theatre and celebrate the ability of all!

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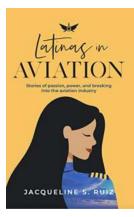
"Taking a Detour: Adapting Theatre to Celebrate the Ability of All" documents through story, example and pedagogy Detour Company Theatre's process for adapting traditional theatre through games, rehearsals and performance opportunities for the non-typical actor. Taking you through exercises, casting, auditions and blocking from script to the stage, this book offers tried and true tools for those interested in developing authentic theater experiences for actors with cognitive and/or physical disabilities.

Since 2001 Detour Company Theatre has been committed to making a journey in the arts possible for its actors – those who are deaf, blind, autistic, those with genetic conditions and more. Its mission is "to provide theater training and performance experiences that give its actors opportunities to develop artistry, demonstrate courage and collaboration, to experience joy and to participate in the sharing of the magic of musical theater with the entire community."

Detour produces two to three mainstage Broadway musicals each year, with four performances each in the eight hundred seat theatre at the Scottsdale Center for the Performing Arts. Each production is capped at 50 actors who are supported by coaches, a live band and professional sets and costumes.

Sam received her undergraduate degree in Education and her MFA in Theatre for Youth from ASU. She has served as the coordinator of the Theatre Arts program at Phoenix Day School for the Deaf and as a certified ASL interpreter. She was on the Arizona Commission on the Arts roster for more than ten years doing workshops on disability awareness and sign language interpretation. In 2018 Sam was the recipient of the Governor's Arts Award for an individual, honoring the significant impact she has had on the state's arts community. She has been recognized by Arizona's PBS station, winning their "Be More Award," and received a Zoni for service to the arts for her sign language interpreting, "Teacher of the Year" from Phoenix Day School for the Deaf.

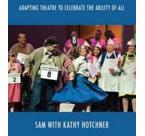
"Taking a Detour," with its unique and useful insight into theatre production and possibilities, will help and inspire anyone working with the "nontraditional" actor - not only in drama training, but also in classroom and special programming activities.



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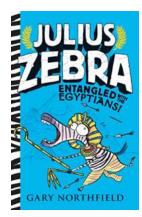
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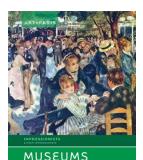
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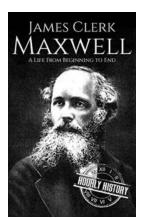
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