

# Discover the Magnificent Graded Routes on Cycle-Friendly Roads in Cornwall, Devon, Somerset, and Avon!



Cycling has become an increasingly popular activity among outdoor enthusiasts, providing a healthy and enjoyable way to explore the beautiful landscapes of Cornwall, Devon, Somerset, and Avon. These four stunning counties in southwestern England boast an incredible network of cycle-friendly roads that cater to riders of all abilities.

## Unveiling the Graded Routes:

Whether you are a seasoned cyclist seeking a challenging ride or a beginner looking for a more leisurely adventure, the graded routes in Cornwall, Devon, Somerset, and Avon offer something for everyone. These routes are carefully

marked and graded to provide cyclists with detailed information about the difficulty level, distance, and terrain.



## 20 Classic Sportive Rides in South West England: Graded routes on cycle-friendly roads in Cornwall, Devon, Somerset and Avon and Dorset (Cycling)

by Colin Dennis (Kindle Edition)

★★★★☆ 4.2 out of 5

Language : English

File size : 18734 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 218 pages



### 1. The Coastal Cruise (Easy - 10 miles)

Embark on a picturesque coastal ride along the tranquil shores of Cornwall. This family-friendly route offers breathtaking views of the Atlantic Ocean and introduces riders to Cornwall's rich maritime heritage. With minimal elevation and well-maintained paths, this route is perfect for beginners and those seeking a relaxing ride.

### 2. The Hills and Valleys (Intermediate - 30 miles)

If you're up for a challenge, Somerset's Hills and Valleys route will test your endurance and reward you with awe-inspiring views. Wind your way through rolling hills, picturesque villages, and charming countryside. This intermediate-level route offers a great mix of climbs and descents, providing an exhilarating experience for cyclists seeking a bit more excitement.

### **3. The Coastal Explorer (Advanced - 50 miles)**

Prepare to be mesmerized by the stunning coastal landscapes of Devon as you embark on the Coastal Explorer route. This challenging ride features a mixture of coastal paths, challenging terrains, and scenic vistas. With a longer distance and more demanding climbs, this advanced-level route is perfect for experienced cyclists looking for a true adrenaline rush.

### **4. Discovering Avon Gorge (Expert - 70 miles)**

For the ultimate cycling adventure, tackle the expert-level Avon Gorge route. Starting from Bristol and stretching through Avon's glorious countryside, this route boasts a variety of steep climbs and technical descents. As you conquer this challenging ride, you'll marvel at the panoramic views of the iconic Avon Gorge and the surrounding wilderness.

### **The Cycle-Friendly Roads:**

What makes these routes even more enticing is the fact that they are situated on cycle-friendly roads. The local authorities in Cornwall, Devon, Somerset, and Avon have invested in the development and maintenance of well-paved roads with dedicated cycling lanes, ensuring the safety and enjoyment of cyclists.



Moreover, these counties have taken significant initiatives to promote a cycling culture by implementing traffic calming measures, providing informative signage, and offering cyclist-friendly amenities along the routes. Cyclists can enjoy the ride without worrying about heavy traffic or other obstacles, making these locations a haven for riders.

### **Extraordinary Natural Beauty and Historical Sites:**

As you navigate through these graded routes, you will be captivated by the extraordinary natural beauty and historical sites that Cornwall, Devon, Somerset, and Avon have to offer. From the dramatic cliffs of Cornwall's coastline to the rolling hills of Somerset, the landscapes are nothing short of breathtaking.

Along the routes, you will come across charming villages, ancient castles, beautiful gardens, and picturesque waterfronts that will make your cycling adventure even more enchanting. Take breaks and explore the local attractions, indulge in traditional delicacies, and immerse yourself in the rich history and culture of these remarkable counties.

## **Inspiration for All Cyclists:**

Whether you are a casual rider looking to enjoy a leisurely weekend getaway or a passionate cyclist searching for thrilling challenges, the graded routes in Cornwall, Devon, Somerset, and Avon offer a diverse range of experiences.

So grab your cycling gear, plan your route, and embark on an unforgettable journey through some of the most stunning landscapes in southwestern England. Bring your friends or go solo, and get ready to create lasting memories while cycling on these magnificent cycle-friendly roads.

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Cornwall, Devon, Somerset, and Avon provide a cyclist's paradise, with graded routes that cater to every level. From easy coastal rides to expert-level challenges, these counties offer an incredible variety of cycling experiences. With well-maintained cycle-friendly roads and breathtaking landscapes, you can immerse yourself in the beauty of southwestern England while enjoying the excitement of cycling.

So, hop on your bike, explore the graded routes, and discover the hidden gems of these remarkable counties!

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Graded routes on cycle-friendly roads in Cornwall,**



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This guidebook explores 20 sportive cycling routes in the best cycling areas of south west England. Ideal for training, the rides range between 59 and 119km (36 to 74 miles) in length, and offer a full range of challenges; from long, fast flat routes, perfect for pacing, to tough hill climbs on the Downs and Moors of the south west.

The 20 sportive routes are found in Cornwall, Devon, Dorset, Somerset, Wiltshire and Gloucestershire, as far north and east as the Wye Valley and Swindon. The range ensures that there is plenty of riding to be found, throughout the region, not to mention the companion Sportives guidebook to routes in England's south east. From the Cotswolds, to Dartmoor, Exmoor, Bodmin Moor, into Wales and the south coast, there are miles of of cycle-friendly roads suitable for sportive training. All 20 routes are graded for difficulty and include timings, ascent, food-stops and access information, as well as annotated route maps and clear route descriptions.

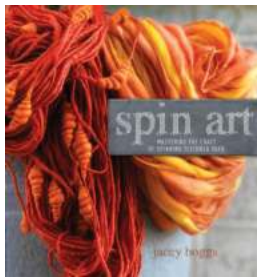
Sportive cycling is a growing sport, and this guide provides routes for experienced riders and those new to this sport. Useful information on bike maintenance and equipment, to travelling around the areas with your bike and advice on accommodation is also included. The result is a sportive guidebook

that will prepare you for the challenges ahead, and allow you to explore the best cycling the south-west has to offer.



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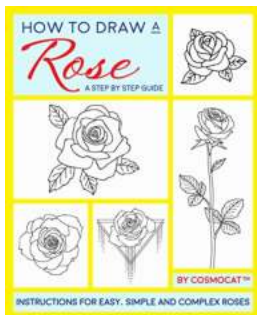
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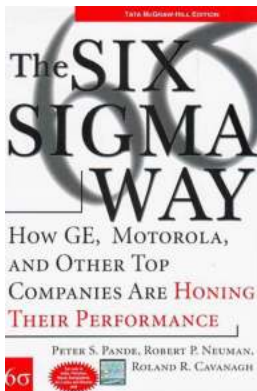
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