Discover the Enchanting Valdichiana: A Hidden Gem Inside Tuscany



Hidden amidst the rolling hills of Tuscany lies a true gem, the Valdichiana. Nestled between the provinces of Arezzo and Siena, this breathtaking region offers a unique blend of history, art, and natural beauty that will captivate the hearts of any traveler.

Unveiling the Rich History

The Valdichiana boasts a rich historical past that can be traced back to ancient Etruscan times. Walking through its charming towns and villages, you'll encounter medieval architecture, ancient ruins, and museums that showcase the region's fascinating heritage.

Central Tuscany: Eight Tuscan Hill Towns: A Guide to the Valdichiana (Inside Tuscany: A Second Time



Around Book 5) by Brian Borgford ([Print Replica] Kindle Edition)

★★★★ 5 out of 5

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Lending : Enabled



Montepulciano: A Renaissance Marvel

One of the highlights of the Valdichiana is the charming town of Montepulciano. Known for its incredible Renaissance architecture, including the Palazzo Comunale and the Duomo, Montepulciano exudes an atmosphere of timeless elegance. Don't miss the opportunity to explore the underground cellars of its world-famous Vino Nobile di Montepulciano.

Cortona: A Step Back in Time

Perched atop a hill, the picturesque town of Cortona offers panoramic views of the surrounding countryside. Its narrow, medieval streets lead to hidden squares, where you can immerse yourself in the authentic Tuscan atmosphere. Explore the Etruscan Museum and walk along the ancient city walls to fully experience the rich history of this enchanting town.

Immersing into Nature's Embrace

Beyond its historical wonders, the Valdichiana is also a paradise for nature enthusiasts. Lush vineyards, rolling countryside, and serene lake landscapes provide the perfect backdrop for outdoor activities and relaxation.

Trasimeno Lake: A Haven of Tranquility

Located on the border between Tuscany and Umbria, the tranquil Trasimeno Lake is an idyllic spot to unwind. Embark on a boat excursion, visit the island of Isola Maggiore, or simply bask in the beauty of the lake's shimmering waters. Be sure to sample the lake's famous fish-based dishes at one of the many waterfront restaurants.

Valdichiana Bike Trails: Pedal through Scenic Routes

The Valdichiana offers a network of well-maintained bike trails that allow you to explore the region's stunning landscapes at your own pace. Rent a bike and embark on a two-wheeled adventure through vineyards, sunflower fields, and charming hamlets. Don't forget to take a break and indulge in the delicious local delicacies along the way.

Indulge in Flavors of Tradition

No visit to the Valdichiana would be complete without savoring its mouthwatering gastronomy. Tuscan cuisine is renowned worldwide for its simplicity and high-quality ingredients, and the Valdichiana region is no exception.

Pecorino Cheese and Chianina Beef: A Match Made in Heaven

Indulge in the distinct flavors of the Valdichiana by trying its renowned Pecorino cheese and Chianina beef. Pecorino, a sheep's milk cheese, is often enjoyed alongside a glass of local wine, while Chianina beef, one of the oldest cattle breeds in Italy, is known for its exquisite tenderness and flavor.

Wine Tasting in Montepulciano: A Journey for the Senses

No trip to the Valdichiana would be complete without a visit to its renowned wineries. Montepulciano is particularly famous for its Vino Nobile, a robust red

wine produced from Sangiovese grapes. Embark on a wine tour and savor the rich aromas and flavors of this exceptional Tuscan wine.

A Timeless Escape Awaits

The Valdichiana is a destination that will transport you through time, offering an unforgettable escape from the hustle and bustle of modern life. Whether you're a history enthusiast, a nature lover, or a culinary adventurer, this hidden gem inside Tuscany has something to offer everyone. Explore its charming towns, immerse yourself in its natural wonders, and indulge in the flavorful traditions.

Get ready to embark on a journey of a lifetime, as the Valdichiana inside Tuscany is waiting to be discovered.



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Central Tuscany: Eight Tuscan Hill Towns

Updated 2020 / 2021 Edition

Visit the Valdichiana towns of Civitella, Arezzo, Monte San Savino, Castiglion Fiorentino, Foiano, Lucignano, Cortona, and Chiusi.

My books are for repeat visitors to Tuscany. After you have seen Pisa, Siena, and Florence where do you go? My bet is that you want to see the smaller, less crowded sites and travel slower to enjoy the culture—and gelato.

This volume of the Inside Tuscany: A Second Time Around series describes eight of the most beautiful hill towns in Tuscany and helps you enjoy the culture along the way:

- Set up a base up in Arezzo, neither too big nor too small, with excellent restaurants and a wealth of sites.
- Visit Civitella in Valdichiana to learn its tragic history during a World War II massacre.
- Shop at the daily market in Monte San Savino and visit the unique art and ceramic museum in its fortress tower.
- Go back in time at the Etruscan museum and excavation in tiny Castiglion
 Fiorentino
- Meander through small Foiano della Chiana and discover its hidden art treasures.
- Explore the small medieval town of Lucignano with its intact medieval walls and fascinating Museo Civico.
- Spend a day at two at the best museums in Cortona, then sit in the Piazza
 Repubblica with a gelato and watch people go by.
- Study Etruscan artifacts at the superb Etruscan museum in Chiusi and then go underground to visit the old Roman labyrinth of tunnels and cisterns.

Information in the Text:

cook with authentic recipes, some from my Italian cousins,

- find places to stay,
- eat at good restaurants and pizzerias,
- use GPS coordinates to navigate,
- eat at the best osteria near Arezzo, La Capannaccia,
- get an idea on the mobile accessibility of sites.

What is the Valdichiana?

The Valdichiana is a large flat valley stretching south from the Umbrian border at Lake Trasimeno near Cortona to the town of Civitella in the north. Originally a swamp, it is now the breadbasket of Italy with fruit and olive orchards, crops of grain and corn, vineyards, and grazing land for the famous chianina beef, the source of bistecca Fiorentina.

Praise from Readers for the "Second Time Around" Series

- I was delighted to find your book on the area on Amazon before our visit earlier this month.
- We went to Arezzo a few years ago, but this time, armed with guidebook we visited again. I wanted to let you know how helpful the book was. I had not noticed the bas-reliefs on the barrel vault of the main door of Pieve Santa Maria or visited the Museo Ivan Bruschi before, let alone the Telecommunications Museum which, like you, we stumbled on unexpectedly.
- I just finished your book and wanted to tell you I enjoyed it very much. I am planning to go to the Tuscany area next June for a wedding and it gave me a lot of usual information. Because of your book I plan on setting up shop in Arezzo for a few days.

I have your guide books which have been very useful.

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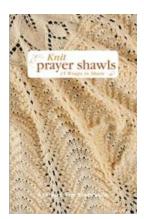
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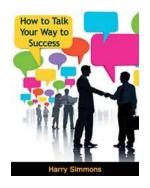
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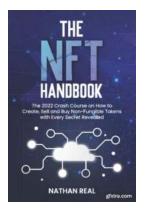
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