

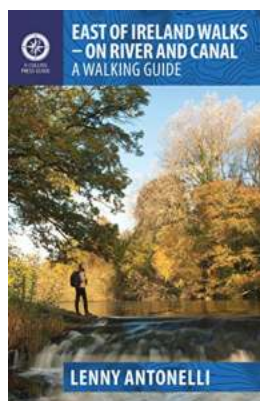
# Discover the Breathtaking East of Ireland Walks: Your Ultimate Walking Guide!

Are you a nature enthusiast looking for the perfect walking trails that offer stunning landscapes, rich history, and incredible views? Look no further! Welcome to the ultimate guide to exploring the mesmerizing East of Ireland on foot.

## The Magnificent East of Ireland

The East of Ireland is a hidden gem filled with an abundance of captivating natural beauty. From rolling hills and picturesque valleys to historical landmarks and charming coastal paths, this region offers a diverse range of walking trails that will leave you in awe.

Whether you are a seasoned hiker seeking a challenge or a casual walker looking for a peaceful getaway, the East of Ireland has something for everyone. With its mild climate and breathtaking landscapes, it is the perfect destination for those seeking an outdoor adventure.



## East of Ireland Walks (A Walking Guide)

by Benoît Lefèvre (Kindle Edition)

★★★★☆ 4.4 out of 5

Language	: English
File size	: 16292 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 194 pages



## **The Top East of Ireland Walks**

### **1. The Wicklow Way**

Stretching over 130 kilometers, the Wicklow Way is one of Ireland's most renowned long-distance walking trails. Beginning in Marlay Park, Dublin, this mesmerizing trail takes you through the enchanting Wicklow Mountains, offering panoramic views of glacial valleys, sparkling lakes, and lush forests. End your journey in the historic village of Clonegal and reward yourself with a pint of Guinness!

### **2. The Howth Cliff Walk**

Located just 30 minutes from Dublin's city center lies the spectacular Howth Cliff Walk. This coastal trail spans around 6 kilometers and treats you to breathtaking views of Ireland's Eye, Lambay Island, and Dublin Bay. Marvel at the rugged cliffs, meandering pathways, and stunning lighthouses, and keep an eye out for marine life. Exploring this trail will surely invigorate your senses!

### **3. The Boyne Valley Way**

Embark on a historic journey along the Boyne Valley Way, a 50-kilometer trail that traces the ancient River Boyne. This captivating route takes you through archaeological wonders such as Newgrange, an ancient passage tomb older than the Egyptian pyramids. Immerse yourself in Ireland's rich history as you stroll along this picturesque path.

### **4. The Dublin Mountains Way**

If you're seeking a challenging but rewarding trek, the Dublin Mountains Way is an excellent choice. This 40-kilometer trail winds its way through the stunning Dublin Mountains, offering breathtaking panoramic views of the city skyline, coastline, and beyond. Discover hidden gems, ancient ruins, and explore the breathtaking beauty of Dublin's backyard.

## **Preparation and Tips**

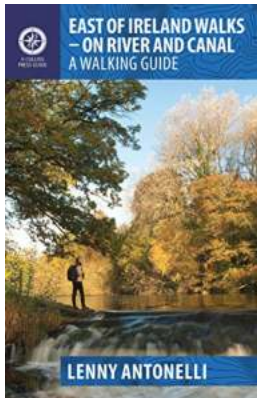
Before embarking on any walking adventure, it is important to be adequately prepared. Here are some tips to ensure a fantastic experience:

- **Plan and research:** Familiarize yourself with the chosen trail, its difficulty level, and the facilities available along the way.
- **Check the weather:** Dress accordingly and pack essential items such as rain gear, proper footwear, sun protection, and plenty of water and snacks.
- **Walk with a buddy:** Walking with a friend or a group adds safety and enhances the overall experience.
- **Take breaks:** Pace yourself, take breaks in scenic spots, and don't forget to enjoy the moment.
- **Respect nature:** Leave no trace by following the "Leave No Trace" principles, and be respectful of the environment and local communities.

## **Discover the Magic of the East of Ireland on Foot**

The East of Ireland offers a multitude of breathtaking walking trails that will leave you with memories to cherish for a lifetime. Whether you are seeking tranquility, adventure, or a deeper connection with nature, these trails will undoubtedly captivate your heart and mind.

So put on your hiking boots, grab your backpack, and embark on an unforgettable journey through the East of Ireland's captivating landscapes. Happy walking!



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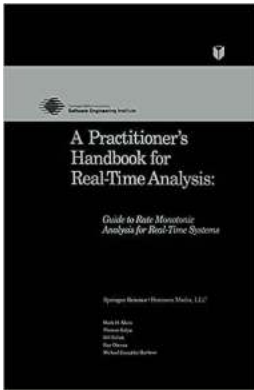
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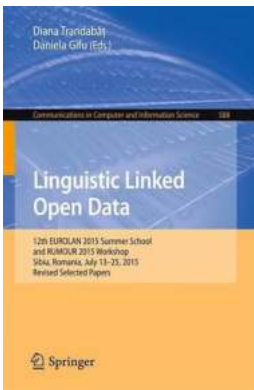


River and canal walks can have special appeal, the scenery always changing due to flowing water, weirs, locks and the changing countryside. Ireland's rivers and canals are rich in wildlife, history and folklore, and many can be explored on mostly flat, little-used trails. These hidden corridors of wildness through rural and urban Ireland reveal remnants of a time when trade, transport and industry in Ireland revolved around water rather than roads. Lenny Antonelli introduces some of the best river and canal trails in the east and east midlands, from short strolls to a five-day trek along the Barrow. These walks encompass iconic Irish rivers such as the Liffey, the Boyne and the Nore; and waterways such as the Grand and Royal Canals. There are lesser-known trails here too, from ravines in the Slieve Bloom Mountains to the young rivers of Wicklow's deep wooded valleys. For those new to walking, these trails form easy s. For experienced walkers, they provide new and less-trodden paths through places of unexpected beauty. • Also available: 'Dublin & Wicklow: A Walking Guide' by Helen Fairbairn



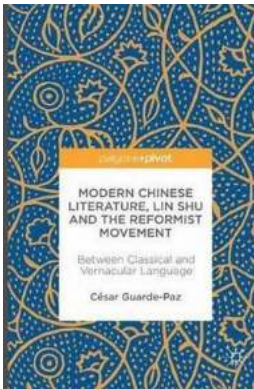
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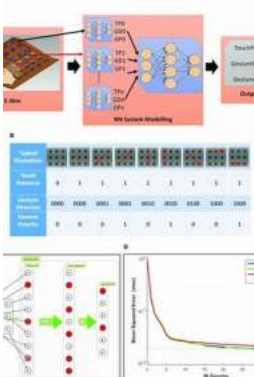
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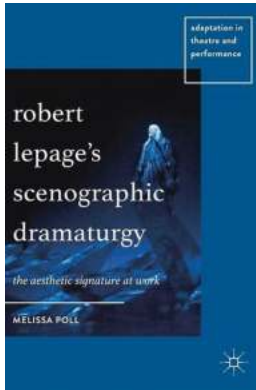
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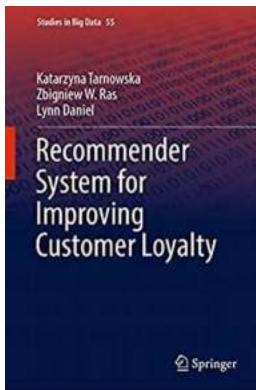
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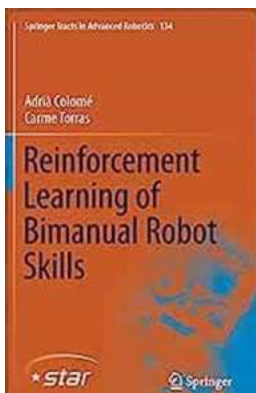
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