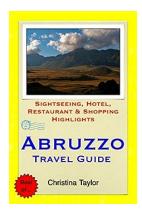
Abruzzo Italy Travel Guide: Experiencing the Hidden Gem of Europe



Have you ever dreamed of exploring an enchanting destination that combines stunning landscapes, rich history, charming towns, and mouthwatering cuisine? Look no further than Abruzzo, Italy. Nestled in the heart of the country, Abruzzo remains an undiscovered treasure, often overlooked by tourists flocking to more popular destinations like Rome, Florence, and Venice. With its breathtaking mountains, picturesque villages, and vibrant culture, Abruzzo offers an authentic experience that will leave you yearning for more.

Exploring the Natural Beauty

Abruzzo is a region blessed with unparalleled natural beauty. The jaw-dropping landscapes of the Apennine Mountains dominate its terrain, providing endless opportunities for outdoor adventures. Whether you are a seasoned hiker, an avid skier, or simply someone who enjoys peaceful walks amidst nature's wonders, Abruzzo has something for everyone.



Abruzzo, Italy Travel Guide: Sightseeing, Hotel, **Restaurant & Shopping Highlights**

by Gayle Smith Padgett (Kindle Edition)

★ ★ ★ ★ 5 out of 5

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One of the region's highlights is the Gran Sasso and Monti della Laga National Park, home to the majestic Gran Sasso Mountain, the highest peak in the Apennines. Here, you can embark on exhilarating hikes that lead you through picturesque valleys, gushing waterfalls, and stunning alpine meadows. Wildlife enthusiasts will be delighted by the chance to spot rare animals such as wolves, chamois, and golden eagles.



Discover the Historic Charm

Abruzzo boasts a rich history that can be witnessed through its well-preserved towns and ancient ruins. Begin your journey by exploring L'Aquila, the regional capital, which showcases a beautiful blend of Gothic, Renaissance, and Baroque architecture. Wander through its labyrinthine streets, stumble upon hidden piazzas, and marvel at the impressive Basilica di Santa Maria di Collemaggio.

Another must-visit destination is Sulmona, a charming medieval town famous for its production of sugared almonds and its association with the poet Ovid. Stroll along its picturesque Corso Ovidio, adorned with elegant palaces and lively cafes, and don't miss the chance to visit the birthplace of this celebrated poet.

Culinary Delights

No trip to Abruzzo would be complete without indulging in its delicious cuisine. Renowned for its hearty dishes and high-quality ingredients, Abruzzo offers a culinary experience unlike any other. Make sure to try the region's signature dish, "arrosticini," succulent skewers of grilled lamb or mutton. For pasta lovers, savor the flavorful "maccheroni alla chitarra," a specialty made with an instrument resembling a guitar.

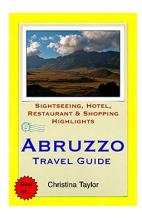
Wash down your meal with a glass of Montepulciano d'Abruzzo, the region's famous red wine, known for its rich flavors and fruity notes. Don't forget to end your culinary journey with a slice of "confetti di Sulmona," sugar-coated almonds that have been produced in Sulmona for centuries.



Abruzzo, Italy is a hidden gem waiting to be explored. From its majestic mountains to its historic towns and scrumptious cuisine, the region offers a

diverse range of experiences that will captivate every traveler. Whether you are seeking adventure, culture, or simply a chance to relax amidst nature's beauty, Abruzzo will exceed your expectations and leave you with memories that will last a lifetime.

So, what are you waiting for? Pack your bags and embark on an unforgettable journey to Abruzzo, Italy - the hidden gem of Europe.



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Abruzzo is located 80 kilometres east of Rome in central Italy and extends to the Adriatic Sea. The region is a delight for outdoors lovers and offers sandy beaches, dense forests, national parks and undulating valleys. The hilltop castles, medieval towns and ancient monasteries add to the mystic charm of Abruzzo, which is one of the greenest regions of Europe.

Abruzzo - Culture - Location & Orientation - Climate & When to Visit - Sightseeing Highlights - L'Aquila - Teramo - Sulmona - Pescara - Chieti - National Parks -Castles & Fortresses - Recommended Itinerary: Two Days in Abruzzo -

Recommendations for the Budget Traveller - Places to Stay - Hotel Rojan - Albergo Stella - Hotel Alba - Hotel Gran Sasso - Harri's Hotel Chieti - Places to Eat - Carbonera - La Terrazze - La Cucina di Lullo - Riva Reno - Ristorante Pizzeria bar II Sarto Imbocca - Places to Shop - Confetti of Sulmona - Chieti - L'Aquila - Antique Shopping - Centro D'Abruzzo



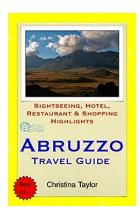
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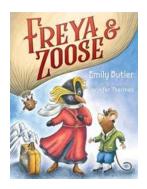
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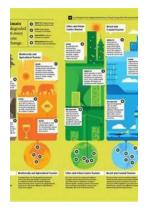
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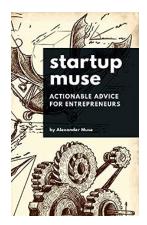
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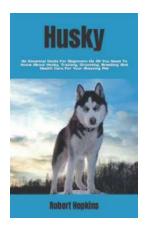
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