

44 Walks In The South And The North

International Walking

Are you a nature lover and adventure seeker? Do you love to explore diverse landscapes while getting some exercise? If so, international walking is the perfect activity for you. Whether you prefer strolling along sandy beaches, hiking through picturesque mountains, or meandering through charming villages, there are countless walks that will leave you awe-inspired around the world.

Discover the Beauty of the North

The North has a lot to offer when it comes to international walking. You can explore the magical scenery while experiencing different cultures and traditions. Here are 22 walks that will take your breath away:

1. The Great Wall of China, China



Walking in Cyprus: 44 walks in the South and the North (International Walking)

by Nike Werstroph (Kindle Edition)

★★★★☆ 4.4 out of 5

Language	: English
File size	: 16447 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 232 pages
Paperback	: 96 pages
Item Weight	: 3.2 ounces
Dimensions	: 5.45 x 0.22 x 8.22 inches



Embark on a journey along the Great Wall of China, one of the wonders of the world. Meandering through lush landscapes and ancient structures, this walk will make you feel like you've stepped back in time.

2. The West Highland Way, Scotland



Experience the rugged beauty of the Scottish Highlands on the West Highland Way. This 96-mile trail takes you through stunning vistas, historic castles, and charming villages.

3. The Inca Trail, Peru



Embark on a historic journey on the Inca Trail to the iconic Machu Picchu. This ancient trail offers breathtaking views of mountains, cloud forests, and Inca ruins.

4. The Appalachian Trail, United States

1. The Amalfi Coast, Italy



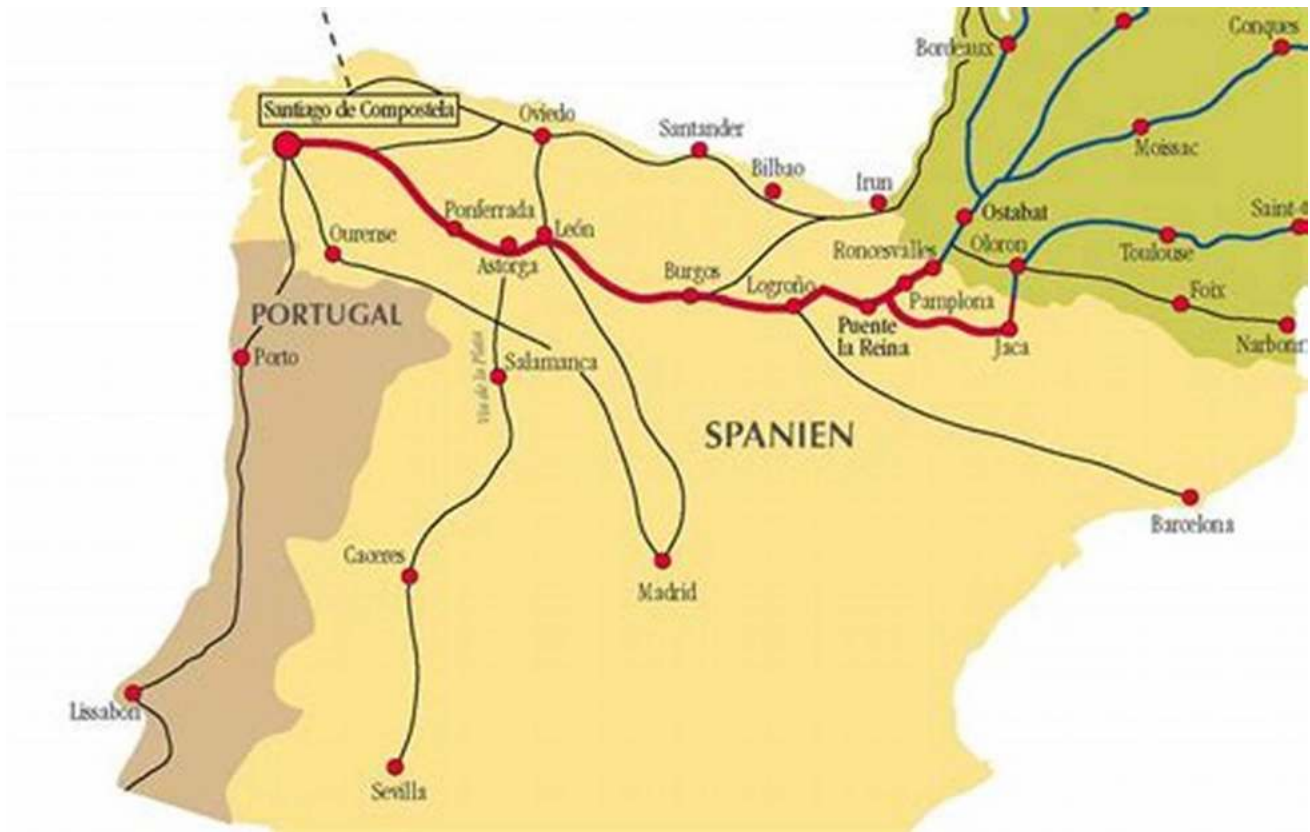
Experience the beauty of the Italian coastline on a walk along the Amalfi Coast. From colorful cliffside villages to breathtaking views of the Mediterranean Sea, this walk is a feast for the senses.

2. The Milford Track, New Zealand



Immerse yourself in the lush greenery and majestic waterfalls of the Milford Track in New Zealand. This world-renowned trail offers a glimpse into the untouched beauty of the Fiordland National Park.

3. The Camino de Santiago, Spain



Embark on a spiritual journey along the historic Camino de Santiago. This ancient trail takes you through picturesque Spanish towns and stunning countryside.

4. The Larapinta Trail, Australia



Discover the raw beauty of the Australian Outback on the Larapinta Trail. This 139-mile trail offers mesmerizing sunsets, dramatic gorges, and ancient Aboriginal rock art.

International Walking: The Ultimate Adventure

The 44 walks mentioned above are just a taste of what international walking has to offer. Whether you're a seasoned hiker or a beginner, there are walks suitable for all fitness levels and preferences. Just lace up your hiking boots, pack some snacks, and get ready for an unforgettable adventure in nature.

International walking not only allows you to immerse yourself in breathtaking landscapes but also provides an opportunity to connect with different cultures and

meet like-minded adventurers from around the world. It's a chance to step out of your comfort zone and embrace the unknown.

So, what are you waiting for? Start planning your next international walking adventure and embark on a journey that will leave you with memories to last a lifetime. Whether you choose to explore the North or the South, there's a walk out there waiting for you to discover its hidden wonders.



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This guidebook presents 44 graded walks spread across the island, covering both southern and northern Cyprus, with a slight focus on the central Troodos region. Clear description and mapping is presented for each route and a route summary table makes it easy to choose an appropriate walk. The walks, of 3 to 20km, range from gentle strolls to longer, more demanding routes, sometimes involving steep ascents, difficult terrain or navigational challenge. They showcase Cyprus's

captivating landscapes, from the sun-kissed coastline lapped by clear turquoise waters to the pine-clad slopes of the Troodos and Besparmak Mountains.

Many visit sites of historical interest - including UNESCO-listed Byzantine monasteries, Venetian bridges, defensive castles and hideouts from the 1950s independence struggle - and other highlights include the stunning Avakas Gorge, the caves of Cape Greco and the striking Besparmak range. As well as the walks, the guide offers plenty of information to help you organise and get the most out of your trip, with advice on transport, bases and border crossings.

There's far more to Cyprus than just the bustling resorts: the favourable climate, attractive scenery and many kilometres of footpaths and nature trails make it an ideal destination for walkers.



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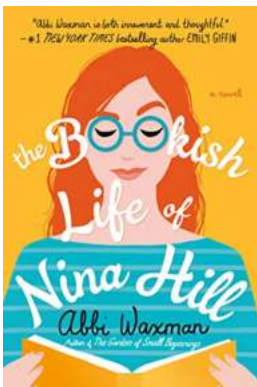
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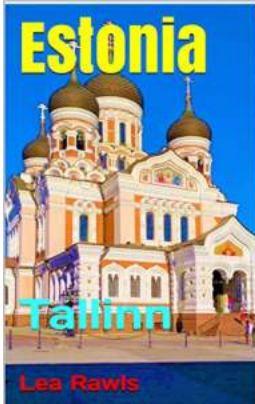
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