16 Vietnamese Favorite Dishes For Foreigners: Best And Simplest Recipes

Are you a food enthusiast searching for new and exciting dishes to try? Look no further than Vietnam - a country renowned for its vibrant culinary scene and delectable street food. With a rich history and diverse flavors, Vietnamese cuisine has captured the hearts of locals and foreigners alike.

In this article, we present to you the top 16 Vietnamese favorite dishes that are both delicious and easy to prepare at home. Whether you're a seasoned chef or a beginner in the kitchen, these recipes will allow you to explore the incredible flavors of Vietnam right from your own dining table.

1. Pho

Pho is arguably Vietnam's most iconic dish, and for good reason. This comforting and aromatic soup consists of rice noodles, savory broth, and tender slices of beef or chicken. Add fresh herbs, lime, and bean sprouts for a burst of flavors that will transport you straight to the streets of Hanoi.



16 Vietnamese Favorite Dishes For Foreigners Best And Simplest Recipes by Lea Rawls (Kindle Edition)

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2. Banh Mi

Banh Mi, often referred to as the Vietnamese sandwich, is a delightful combination of French and Vietnamese flavors. A crispy baguette is stuffed with a variety of fillings, including pickled vegetables, pate, cilantro, and your choice of protein such as grilled pork or tofu. Each bite offers a harmonious blend of textures and tastes.

3. Bun Cha

Originating from Hanoi, Bun Cha is a dish that captures the essence of Northern Vietnamese cuisine. Grilled pork patties are served in a savory broth alongside vermicelli noodles, fresh herbs, and a side of crispy spring rolls. The interplay of sweet, sour, and smoky flavors makes Bun Cha an absolute delight.

4. Com Tam

Com Tam, or broken rice, is a hearty and fulfilling dish popular in Southern Vietnam. Fragrant broken rice serves as the base, which is accompanied by a variety of toppings such as grilled pork chops, shredded pork skin, and a vibrant fried egg. A drizzle of nuoc cham sauce ties all the elements together.

5. Banh Xeo

Banh Xeo is a crispy and savory pancake that will satisfy any craving for a light and flavorful meal. Made with a rice flour batter, filled with shrimp, pork, bean sprouts, and green onions, this dish offers a delightful contrast of textures. Wrap

each bite in lettuce leaves and dip it into a tangy fish sauce for a burst of freshness.

6. Bun Bo Hue

Bun Bo Hue presents a bolder and spicier flavor profile compared to its cousin, Pho. This central Vietnamese soup features thick rice noodles, tender slices of beef, and a robust broth enriched with lemongrass, shrimp paste, and chili oil. Sprinkle with fresh herbs and slurp away while experiencing a taste of Hue.

7. Banh Cuon

Banh Cuon is a delicate and delightful dish that is commonly enjoyed for breakfast or as a light snack. Thin, steamed rice crepes are filled with a mixture of minced pork, wood ear mushrooms, and shallots. Enjoy these translucent rolls dipped in a savory sauce enhanced with fish sauce and pork rinds.

8. Ca Kho To

Ca Kho To, also known as caramelized fish, is a classic Vietnamese dish that showcases the country's love for robust flavors. Catfish is simmered in a caramel sauce infused with fish sauce, soy sauce, and spices until tender and packed with rich umami. Serve it over steamed rice with fresh herbs to balance the richness.

9. Goi Cuon

Goi Cuon, or fresh spring rolls, provide a refreshing and healthy option for those seeking lighter fare. These translucent rice paper rolls are filled with a variety of fresh vegetables, herbs, and your choice of protein such as shrimp, pork, or tofu. Dip them in a peanut sauce or a tangy hoisin-based dipping sauce for a burst of flavors.

10. Cao Lau

Cao Lau is a specialty dish originating from the ancient town of Hoi An. This unique noodle dish features thick rice noodles served with slices of juicy pork, bean sprouts, and crisp croutons. The noodles are soaked in a rich broth made from local well water, which is believed to be the secret behind its distinct flavor.

11. Banh Canh

Banh Canh is a hearty and satisfying soup made with tapioca or rice flour noodles that have a delightfully chewy texture. This dish can be enjoyed with a variety of toppings such as shrimp, fish cakes, and pork. The broth is usually flavored with pork bones and aromatics, resulting in a comforting and flavorsome bowl of goodness.

12. Mi Quang

Mi Quang is a noodle dish hailing from the Quang Nam province of Central Vietnam. It features turmeric-infused rice noodles served with a medley of toppings including shrimp, pork, herbs, and crushed peanuts. A small amount of flavorful broth is added to bring all the ingredients together, creating a dish bursting with vibrant colors and textures.

13. Xoi

Xoi is a savory sticky rice dish that serves as a popular breakfast option in Vietnam. The glutinous rice is typically topped with mung bean paste, fried shallots, and a protein of your choice such as grilled chicken or shredded pork. The combination of chewy rice, creamy bean paste, and crispy shallots creates a delightful balance of flavors and textures.

14. Banh Trang Nuong

Banh Trang Nuong, also known as Vietnamese pizza, is an intriguing street food delight. A rice paper sheet is topped with a variety of ingredients such as egg,

Vietnamese sausage, dried shrimp, and scallions, and grilled until crispy. The result is a unique and flavorful snack that will leave your taste buds wanting more.

15. Che

Che is a popular Vietnamese dessert that comes in various forms, providing a sweet ending to any meal. This delightful treat can be made with ingredients like beans, grains, fruits, and jellies, all bathed in a sweet syrup or coconut milk. Whether you prefer Che Ba Mau, a colorful mix of beans and jellies, or Che Chuoi, a banana and coconut milk delight, your taste buds are in for a treat.

16. Ca Phe Sua Da

No journey through Vietnamese cuisine is complete without trying the country's famous iced coffee. Ca Phe Sua Da is a strong, dark roast coffee served over ice with a generous amount of sweetened condensed milk. This refreshing and energizing beverage is the perfect pick-me-up on a hot day.

Begin your culinary adventure by exploring these Vietnamese favorite dishes and discover a world of flavors and textures that will leave you craving more. With their simplicity and incredible taste, these recipes allow you to bring the vibrant spirit of Vietnam into your own kitchen.

So, gather your ingredients, put on your apron, and embark on an unforgettable gastronomic journey through the streets of Vietnam. Your taste buds will thank you!

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Cooking your favorite Vietnamese dishes will be far easier than ever. In this cookbook, you will find the special recipes and cooking procedures attached with vivid images for various types of Vietnamese noodles, rolls and other well-known specialties.

In this handbook, you will find:

- Beef noodles with soup (Phổ bò)
- Chicken noodles with soup (Phở gà)
- Hanoi grilled pork pie noodle without soup (Bún chả Hà Nội)
- 4.Southern beef noodles without soup (Bún bò Nam Bộ)
- Hoi An noodles served with soup (Cao làu Hội An, Quảng Nam Đà Nẵng)
- Hue noodles served with soup (Bún bò Huế)

- Quang noodles served with soup (Mì Quảng)
- Crab noodles served with soup (Bánh canh cua)
- Fried pork or seafood spring rolls (Nem rán/ Chả giò)
- Much more...

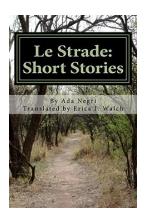
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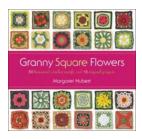
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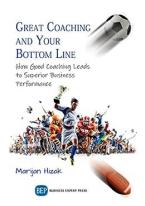
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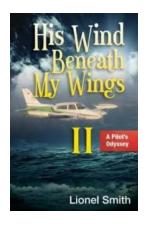
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